

### 10K Race Final Results - 2017 Skate the Lake

Rank	Bib #	First name	Last Name	Start Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9	Finish	Race Time	Best Lap	Age	Race	Gender	City
1	463	Sergio	Almeralla	09:10:51	09:13:09	09:15:20	09:17:30	09:19:37	09:21:45	09:24:05	09:26:10	09:28:15	09:30:21	09:32:28	00:21:37	00:02:05	40	10K	M	
2	435	Guyline	Larouche	09:10:51	09:13:03	09:15:15	09:17:26	09:19:38	09:21:41	09:23:55	09:26:11	09:28:20	09:30:26	09:32:31	00:21:40	00:02:04	58	10K	F	Oxford
3	426	Paul	Pickard	09:10:51	09:13:07	09:15:18	09:17:30	09:19:41	09:21:43	09:24:23	09:26:42	09:29:01	09:31:24	09:33:44	00:22:53	00:02:02	48	10K	M	Belleville
4	436	Greg	Dabrowski	09:10:51	09:13:30	09:15:56	09:18:27	09:20:57	09:23:30	09:25:58	09:28:20	09:30:46	09:33:15	09:35:51	00:25:00	00:02:22	61	10K	M	Milton
5	437	Heidi	Hatch	09:10:51	09:13:52	09:16:39	09:19:31	09:22:26	09:25:31	09:28:11	09:31:04	09:33:53	09:36:38	09:39:22	00:28:30	00:02:41	55	10K	F	Brockville
6	425	Wesley	Orr	09:10:51	09:13:55	09:16:44	09:19:33	09:22:35	09:25:34	09:28:33	09:31:43	09:34:49	09:38:03	09:41:01	00:30:10	00:02:49	32	10K	M	Ottawa
7	429	Matthew	Simonson	09:10:51	09:14:03	09:17:14	09:20:13	09:23:13	09:26:28	09:29:26	09:32:25	09:35:22	09:38:16	09:41:09	00:30:18	00:02:53	30	10K	M	Somerville
8	399	Dave	Burt	09:10:51	09:13:55	09:19:35	09:22:29	09:25:26	09:28:14	09:31:06	09:33:55	09:36:51	09:39:43	09:42:20	00:31:29	00:02:38	62	10K	M	Elgin
9	430	Lynne	Underhill	09:10:51	09:14:02	09:17:11	09:20:26	09:23:50	09:26:57	09:30:08	09:33:21	09:36:30	09:39:29	09:42:22	00:31:31	00:02:53	56	10K	F	Perth
10	422	Lynn	McIntyre	09:10:51	09:14:04	09:19:35	09:22:29	09:25:24	09:28:11	09:31:03	09:33:49	09:36:33	09:39:29	09:42:23	00:31:32	00:02:44	59	10K	F	Perth
11	412	Stephen	Betts	09:10:51	09:13:54	09:18:12	09:20:33	09:23:32	09:26:39	09:29:49	09:33:01	09:36:20	09:39:40	09:42:26	00:31:35	00:02:21	31	10K	M	Toronto
12	423	Wilby	McKnight	09:10:51	09:13:43	09:16:43	09:20:01	09:23:29	09:26:41	09:29:50	09:33:02	09:36:22	09:39:43	09:43:01	00:32:10	00:03:00	56	10K	M	Ottawa
13	420	Christopher	Kirk	09:10:51	09:14:45	09:18:23	09:20:51	09:23:29	09:25:45	09:29:18	09:32:55	09:36:34	09:39:44	09:43:12	00:32:21	00:02:16	32	10K	M	Stittsville
14	427	Michelle	Pothier	09:10:51	09:14:32	09:18:43	09:20:59	09:23:27	09:26:43	09:30:03	09:33:21	09:36:38	09:39:59	09:43:15	00:32:24	00:02:16	49	10K	F	Picton
15	415	Joel	Edwards	09:10:51	09:14:10	09:18:44	09:20:56	09:23:36	09:26:49	09:30:03	09:33:24	09:36:33	09:40:01	09:43:16	00:32:25	00:02:12	37	10K	M	Ottawa
16	414	Courtney	Edwards	09:10:51	09:17:08	09:20:00	09:23:06	09:26:07	09:28:53	09:31:45	09:34:44	09:37:46	09:40:33	09:43:22	00:32:31	00:02:46	33	10K	F	Nepean
17	413	Stephen	Dixon	09:10:51	09:14:24	09:17:20	09:20:19	09:23:32	09:26:51	09:32:17	09:34:51	09:37:12	09:40:36	09:43:30	00:32:39	00:02:21	30	10K	M	Gloucester
18	428	Nera	Sarovic	09:10:51	09:14:11	09:17:24	09:20:19	09:24:07	09:27:34	09:30:55	09:34:13	09:37:28	09:40:31	09:43:41	00:32:50	00:02:56	44	10K	F	Kitchener
19	421	Eric	Lepage	09:10:51	09:13:45	09:17:18	09:20:20	09:23:40	09:26:48	09:30:18	09:33:23	09:37:02	09:40:34	09:44:00	00:33:08	00:03:02	39	10K	M	Ottawa
20	478	Chris	Allan	09:10:51	09:13:28	09:17:29	09:20:16	09:23:53	09:27:27	09:30:12	09:34:20	09:37:16	09:41:04	09:44:08	00:33:17	00:02:45	49	10K	M	Portland
21	482	Cynthia	Head	09:10:51	09:13:52	09:17:01	09:20:04	09:23:39	09:26:52	09:30:22	09:33:36	09:37:15	09:40:41	09:44:15	00:33:24	00:03:03	53	10K	F	Toronto
22	416	Damien	Jevremovic	09:10:51	09:17:24	09:20:43	09:24:08	09:27:37	09:30:55	09:34:13	09:37:27	09:40:30	09:43:40	09:47:09	00:36:18	00:03:03	13	10K	M	Kitchener
23	418	Sean	Kennedy	09:10:51	09:14:44	09:18:48	09:23:06	09:27:08	09:31:31	09:35:31	09:39:45	09:43:38	09:47:52	09:52:23	00:41:32	00:03:53	12	10K	M	Ottawa
24	419	Wes	Kennedy	09:10:51	09:15:42	09:20:54	09:25:37	09:29:46	09:33:27	09:37:27	09:40:56	09:44:40	09:48:25	09:52:26	00:41:35	00:03:30	46	10K	M	Ottawa
25	424	Fred	Nolting	09:10:51	09:14:53	09:18:57	09:23:03	09:27:09	09:31:27	09:35:43	09:40:04	09:44:23	09:48:57	09:53:34	00:42:43	00:04:04	65	10K	M	Mallorytown
26	417	Caitlyn	Kennedy	09:10:51	09:15:38	09:19:07	09:24:35	09:28:45	09:32:31	09:37:28	09:42:12	09:46:45	09:50:43	09:55:48	00:44:57	00:03:29	10	10K	F	Ottawa
27	483	Cathie	Loos	09:10:51	09:15:42	09:20:55	09:26:24	09:31:59	09:37:41	09:43:32	09:49:43	09:55:54	10:02:00	10:08:29	00:57:38	00:05:13	51	10K	F	Kemptville