

2017 Hypo Race - 10K Final 04/03/2017 7:35:48 PM

Position	Bib #	Name	Race Time	Pace	Age	Gender	City
DIVISION: 10K							
1	5276	Palmer, GEOFF	00:42:50.6	4:17	35	M	New Westminster
2	5201	Baggs, David	00:46:07.7	4:37	49	M	Orleans
3	5285	Schein, Trevor	00:47:54.5	4:47	26	M	Brantford
4	5264	McGuire, Joey	00:48:47.5	4:53	23	M	Ottawa
5	3348	Carlesimo, Michelle	00:49:20.9	4:56	38	F	Ottawa
6	5211	Bulman, Mike	00:50:11.4	5:01	26	M	Oshawa
7	5312	tremblay, jade	00:51:36.9	5:10	24	f	SAINTE-ANNE-DES-LACS
8	5271	NISKA, ANDREW	00:51:48.4	5:11	51	M	NORTH GOWER
9	3316	BEAUDIN, CHANTAL	00:52:14.1	5:13	48	F	OTTAWA
10	5251	Kirkness, Dan	00:52:41.2	5:16	50	M	Cobden
11	3544	Saron, Amar	00:52:49.1	5:17	33	M	Ajax
12	5216	charron, paul john	00:52:55.0	5:18	70	M	NAVAN
13	5253	Lacasse, Denis	00:53:07.9	5:19	51	M	Gatineau
14	1427	Smith-Sparling, Ada	00:53:25.8	5:21	32	F	Ottawa
15	5238	Galuga, Jake	00:53:53.4	5:23	43	M	ottawa
16	5255	Lapointe, Camil	00:54:13.1	5:25	46	M	Cornwall
17	3360	Comeau, Michelle	00:54:53.3	5:29	43	F	vars
18	5309	Sproule, Sean	00:54:57.8	5:30	40	M	Petawawa
19	3470	maltais, stephanie	00:56:06.9	5:37	23	F	Gatineau
20	5208	branch, andrew	00:56:11.2	5:37	51	M	orleans
21	5307	Schmidt, Blayr	00:57:00.4	5:42	37	F	Ottawa
22	5224	da Costa, Patrick	00:57:20.6	5:44	43	M	GATINEAU
23	5215	Cavill, Dominique	00:57:31.8	5:45	45	F	Kemptville
24	3315	Beaudin, Julie	00:57:33.9	5:45	44	F	Repentigny
25	5298	Weber, Connie	00:57:42.1	5:46	56	F	Cobden
26	5202	ballman, chris	00:57:46.3	5:47	52	F	Pembroke
27	5205	Bezzubetz, Joanne	00:57:53.6	5:47	59	F	Ottawa
28	5250	Johnson Tremblay, Denise	00:57:55.9	5:48	40	F	Nepean
29	5262	Massicotte, Karine	00:58:12.4	5:49	38	F	Ottawa
30	5274	Pak, Dan	00:58:14.2	5:49	48	M	Stittsville
31	5310	Outhouse, Steve	00:58:42.3	5:52	41	m	
32	5237	Gagnon, Remy	00:59:08.9	5:55	37	M	Gatineau
33	5258	larocque, natalia	00:59:43.0	5:58	39	F	ottawa
34	5275	Palmer, Rick	00:59:56.1	5:59	54	M	Ottawa
35	5221	Couture, Andr anne	00:59:59.4	5:59	32	F	Gatineau
36	5218	CHOUINARD, LUC	01:00:03.8	6:00	54	M	KANATA
37	5288	Schombs, Mark	01:01:09.9	6:07	42	M	ottawa
38	5217	CHERVINSKY, ANNIE	01:01:13.2	6:07	41	F	Kanata
39	5265	Mckinnon, Jacqueline	01:01:40.6	6:10	48	F	Ottawa
40	3429	Khajeh Naini, Parham	01:01:40.9	6:10	43	M	Ottawa
41	5300	Richardson, Michael	01:01:53.6	6:11	45	M	Ottawa
42	5308	Kingston, Kelli	01:01:55.8	6:11	38	F	Petawawa
43	5256	Lapointe, Guy	01:01:58.7	6:12	65	M	st-bruno de montaville
44	5282	Roberts, Sandra	01:02:02.6	6:12	53	F	Gatineau
45	5296	Tweedie, David	01:02:08.2	6:13	44	M	Stittsville
46	5267	Monkhouse, Lisa	01:02:08.7	6:13	50	F	Stittsville
47	5245	Hernandez, Liliana	01:02:16.7	6:14	46	F	Ottawa
48	5304	Brunet, Raymond	01:02:24.0	6:14	57	M	Chelsea
49	5291	Seneviratne, Vindya	01:02:38.0	6:16	25	F	Gatineau
50	5210	Bredlaw, Mike	01:02:51.9	6:17	41	M	Pembroke
51	5209	Bredlaw, Jasia	01:02:52.4	6:17	39	F	Pembroke
52	5232	Frank, Tanya	01:03:10.0	6:19	34	F	Pembroke
53	5263	McBride, Tracy	01:03:36.0	6:22	51	F	Pembroke
54	5279	RAMA, LYNE	01:03:40.8	6:22	42	F	ORLEANS

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55	5270	Murphy-Lalonde, Chantal	01:03:41.9	6:22	49	F	Ottawa
56	5268	MOOY, BEN	01:04:27.6	6:27	71	M	OTTAWA
57	5293	Therrien, Genevi ve	01:04:34.2	6:27	39	F	La P che
58	5281	Roberge, Nancy	01:04:39.8	6:28	44	F	Orleans
59	3302	Adams, Elise	01:05:00.4	6:30	35	F	Orleans
60	5259	Larocque, Anouk	01:05:24.9	6:32	42	F	St-Constant
61	3310	Baird, Michelle	01:05:52.9	6:35	39	F	Orleans
62	5231	Francis, Rhiannon	01:05:54.6	6:35	35	F	Kemptville
63	3408	Harrison, Denise	01:06:09.5	6:37	54	F	OTTAWA
64	5225	Daniells, Angela	01:06:37.5	6:40	40	F	Carleton Place
65	5223	Creighton, Jennifer	01:06:39.8	6:40	38	F	Gatineau
66	5305	Brazeau, Murielle	01:07:01.9	6:42	59	F	Chelsea
67	3575	TAYLOR, ANITA	01:07:23.4	6:44	49	F	Orleans
68	5295	Toussignant, Meghan	01:07:31.0	6:45	31	F	Kemptville
69	5247	Houghton, Dwight	01:07:31.1	6:45	62	M	Little Britain
70	5246	Hickey, Christine	01:08:35.0	6:52	48	F	Cornwall
71	3353	Chisnall, Allyson	01:09:18.8	6:56	51	F	ORLEANS
72	3325	Bezaire, Rachel	01:09:20.3	6:56	19	F	Toronto
73	5226	Demers, Mary-Ann	01:09:31.6	6:57	48	F	PEMBROKE
74	5284	Ross, Breagh	01:09:44.1	6:58	24	F	Kanata
75	5266	McNeill, Douglas	01:09:44.2	6:58	41	M	Ottawa
76	5206	BLACKMORE, Tammy	01:09:50.6	6:59	50	F	PEMBROOKE
77	5280	Ray, Denise	01:09:50.8	6:59	51	F	Pembroke
78	5214	CASTILLOUX, KRISTI	01:09:55.1	6:59	40	F	Ottawa
79	5234	Frei, Brian	01:09:59.8	6:59	44	M	Orleans
80	5233	Frei, Lindsay	01:09:59.9	6:59	40	F	Ottawa
81	5273	Ostiguy, Nathalie	01:10:13.0	7:01	38	F	Kanata
82	5229	Dussault, Alexie	01:11:23.6	7:08	24	F	Ottawa
83	5254	Lamarre, Carolyne	01:11:57.1	7:12	38	F	Ottawa
84	3609	Wu, Jianguo	01:12:00.0	7:12	47	M	Ottawa
85	5219	Clermont, Dawn	01:12:14.1	7:13	53	F	Carp
86	5212	Burke, Amanda	01:12:14.4	7:13	41	F	Kinburn
87	5278	Poulin, Isabelle	01:12:14.5	7:13	16	F	Carp
88	5272	O'Brien, Jo-Anne	01:14:00.7	7:24	40	F	Ottawa
89	5269	Morris, Liliana	01:15:32.5	7:33	49	F	Kanata
90	5248	Hubert, Emma	01:15:32.8	7:33	40	F	Woodlawn
91	5222	Cowan, Ashley	01:15:59.5	7:36	32	F	OTTAWA
92	5213	Burke, Terry	01:16:00.0	7:36	42	M	Chesterville
93	5228	Dham, Anita	01:16:03.2	7:36	46	F	Nepean
94	5311	elliott, susan	01:16:11.4	7:37	51	f	
95	5249	Jarvis, Jennifer	01:16:58.2	7:42	45	F	Ottawa
96	3402	Gifford, Wendy	01:17:02.1	7:42	56	F	Ottawa
97	5289	Schombs, Amie	01:17:04.7	7:42	40	F	Kanata
98	5243	Hawtrey, Penelope	01:17:30.2	7:45	42	F	Kanata
99	5294	Tisdelle, Francine	01:18:37.8	7:52	34	F	Orleans
100	5227	Derouin, Christine	01:18:38.1	7:52	47	F	Ottawa
101	3459	Lloyd, Ryan	01:18:42.0	7:52	37	M	Stittsville
102	5287	Schofield, Jane	01:18:42.8	7:52	65	F	Stittsville
103	5301	Duranceau, Richard	01:19:38.4	7:58	47	M	Ottawa
104	3435	Koch, Daren	01:20:55.4	8:06	49	M	Russell
105	5297	Vincent, Erica	01:21:36.2	8:10	32	F	Nepean
106	5290	Schonberg, Roxanna	01:23:51.0	8:23	42	F	Ottawa
107	5203	Bellefeuille, Mike	01:23:51.2	8:23	45	M	Ottawa
108	3505	Nemcsok, Sheila	01:23:58.0	8:24	39	F	Ottawa
109	5220	Commanda, Jane	01:24:04.9	8:24	55	F	stittsville
110	5236	Gagnon, Evelyne	01:24:57.3	8:30	24	F	Navan
111	3607	WOLFE, DEBORAH	01:25:18.5	8:32	52	F	OTTAWA
112	5230	EMPEY, ANN	01:27:53.0	8:47	58	F	Kanata

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113	5252	Lacasse, Martine	01:29:20.9	8:56	37	F	Ottawa
114	5207	BOULARES, SABER	01:35:48.9	9:35	41	M	MONTREAL
115	5299	Zeithammel, Christiane	01:38:06.1	9:49	50	F	Ottawa
116	5244	Hermelin, Tessa	01:38:06.9	9:49	44	F	Greely
117	5260	LE BLANC-LEMIEUX, ROXANNE	01:39:31.9	9:57	63	F	OTTAWA
118	5242	Hale, Louise	01:39:32.3	9:57	45	F	Richmond

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Position	Bib #	Name	Race Time	Pace	Age	Gender	City
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