

2017 Mississippi Mills Run for AGH 5K Age Groups 9/13/17 7:07:03 PM

Position	Bib #	Name	Race Time	Pace	Age	Gender
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5K F 1 - 9 - based on Gun Elapsed time

1	548	Oc anne Lalonde-Bertrand	00:34:55.59	6:59	9	F
2	616	Madelynn Hall	00:48:01.80	9:36	9	F

5K F 10 - 19 - based on Gun Elapsed time

1	527	Jillian Ferguson	00:23:39.65	4:44	16	F
2	535	Jessica Guthrie	00:29:19.31	5:52	13	F
3	531	Willow Franklin	00:51:40.29	10:20	14	F

5K F 20 - 29 - based on Gun Elapsed time

1	17	Erin Rivers	00:19:28.96	3:54	27	F
2	597	Hannah Larkin	00:28:12.47	5:38	26	F
3	18	Rachel Schumacher	00:32:36.25	6:31	21	F
4	584	Jamie Herman	00:32:36.57	6:31	20	F
5	549	Tara Little	00:33:58.45	6:48	24	F
6	552	Caleigh McCabe	00:35:07.00	7:01	26	F
7	617	Sarah Resied	00:35:10.24	7:02	23	F
8	547	Katelyn Lackey	00:36:43.59	7:21	28	F
9	586	Kyla Herman	00:40:15.23	8:03	23	F
10	545	Nikki Horton	00:40:45.02	8:09	27	F
11	544	Lisa Horton	00:40:45.07	8:09	25	F
12	580	Sarah Lewis	00:46:09.58	9:14	29	F

5K F 30 - 39 - based on Gun Elapsed time

1	599	Joann McDonald	00:26:07.31	5:13	36	F
2	576	Jennifer Tremblay	00:27:00.42	5:24	39	F
3	596	Sarah Benoit	00:27:24.97	5:29	37	F
4	598	Heidi McDonald	00:27:31.66	5:30	35	F
5	603	Reg Krechowicz	00:28:58.52	5:48	33	F
6	523	Chelsey Donohue	00:29:42.73	5:56	30	F
7	521	Anne-Marie (5km) Dean	00:30:34.70	6:07	34	F
8	582	Kiley Giardini	00:31:49.21	6:22	33	F
9	556	Rachel Merrick	00:32:40.65	6:32	35	F
10	22	Katie Tiffany	00:33:06.76	6:37	30	F
11	24	Erica Atfield	00:41:01.98	8:12	37	F
12	553	Kalin McCluskey	00:44:27.07	8:53	31	F
13	501	Lisa Barringer	00:46:06.61	9:13	37	F
14	538	Alexandra Hall	00:48:01.25	9:36	35	F
15	534	Stacey Gervais	00:56:16.17	11:15	34	F

5K F 40 - 49 - based on Gun Elapsed time

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Position	Bib #	Name	Race Time	Pace	Age	Gender
1	575	TracyLyn Tardiff	00:27:22.30	5:28	44	F
2	595	Tina McLelland	00:27:52.70	5:34	43	F
3	537	Nicole Guthrie	00:29:34.86	5:55	45	F
4	525	Kelly Falco	00:31:17.36	6:15	40	F
5	539	lisa hampel	00:32:40.88	6:32	40	F
6	504	Maryse Bernier	00:34:00.14	6:48	49	F
7	609	Maureen Dern	00:34:04.72	6:49	48	F
8	574	Jenny Tardiff	00:34:43.21	6:57	43	F
9	561	Tanya Patrice	00:35:02.07	7:00	46	F
10	522	Lucie Desjardins	00:36:52.45	7:22	48	F
11	515	Jana Coes Kehoe	00:37:44.37	7:33	40	F
12	532	Eniko Galgoczi	00:43:40.04	8:44	41	F
13	528	Nathalie Forgette	00:48:57.36	9:47	49	F
14	591	Cynthia Mathews	00:50:36.68	10:07	43	F
15	530	Jody Franklin	00:51:39.87	10:20	45	F
16	572	Helen Shaw	00:52:31.73	10:30	44	F
17	513	Donna Cathcart	00:57:23.52	11:29	48	F

5K F 50 - 59 - based on Gun Elapsed time

1	585	Jaye Herman	00:27:24.44	5:29	51	F
2	26	Mary Beth Testagrossin	00:36:25.35	7:17	57	F
3	546	Sherry Horton	00:39:06.45	7:49	55	F
4	581	Cheryl Bonhomme	00:41:16.55	8:15	52	F
5	542	Karin Hepburn	00:42:50.09	8:34	57	F
6	20	Deborah Carmanico	00:43:37.35	8:43	56	F
7	555	Melissa Mech	00:43:42.94	8:44	50	F
8	604	Harriet Soudant	00:48:31.40	9:42	53	F
9	568	Sylvie Rose	00:48:57.30	9:47	50	F
10	516	Eileen Collins	00:49:10.51	9:50	52	F
11	593	Diane Thibault	00:49:21.09	9:52	55	F
12	557	Meg Myers	00:52:31.49	10:30	50	F
13	567	Jayne Richeson	00:57:23.54	11:29	58	F

5K F 60+ - based on Gun Elapsed time

1	524	Suzanne Egan	00:23:44.87	4:45	62	F
2	551	McKenna Mary Ann	00:23:54.67	4:47	60	F
3	500	Judi Agnew	00:30:45.66	6:09	60	F
4	601	Chris Deschenes	00:45:19.42	9:04	66	F
5	550	Joy Loubert	00:45:34.79	9:07	64	F
6	569	Tina Ryan	00:47:13.44	9:27	64	F
7	559	Kris Parsons	00:48:05.48	9:37	63	F
8	533	Linda Galvin	00:49:55.03	9:59	64	F

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Position	Bib #	Name	Race Time	Pace	Age	Gender
9	615	Ruth McBride	00:54:54.06	10:59	75	F
10	614	Gretta Bradley	00:54:54.16	10:59	60	F
11	589	Cindy LaBrie	00:55:17.16	11:03	63	F
12	594	Marie Traversy	00:55:18.60	11:04	64	F
13	612	Beverly Burd	00:56:39.93	11:20	62	F

5K M 10 - 19 - based on Gun Elapsed time

1	503	Max Benda	00:20:37.37	4:07	13	M
2	608	Dominic Dern	00:29:37.94	5:55	14	M

5K M 20 - 29 - based on Gun Elapsed time

1	562	Curtis Pilon	00:35:06.35	7:01	26	M
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5K M 30 - 39 - based on Gun Elapsed time

1	517	Carl Coutu	00:20:20.87	4:04	34	M
2	518	Richard Coxford	00:21:26.80	4:17	38	M
3	577	Mike Wheeler	00:22:49.64	4:34	30	M
4	512	Ryan Carey	00:23:42.09	4:44	33	M
5	508	Rob Bradley	00:23:53.21	4:47	34	M
6	605	Matt Tiffany	00:27:15.78	5:27	37	M
7	570	Corey Sample	00:30:55.01	6:11	33	M
8	590	John LaBrie	00:33:58.31	6:48	34	M
9	565	Michael Read	00:44:27.34	8:53	39	M
10	502	Ryan Barringer	00:47:18.61	9:28	39	M
11	25	Steven Lafontaine	00:50:32.05	10:06	38	M
12	510	Scott Burnie	00:56:32.01	11:18	39	M
13	613	Dan Snowball	00:56:39.80	11:20	34	M

5K M 40 - 49 - based on Gun Elapsed time

1	506	Brad Black	00:22:22.07	4:28	49	M
2	21	Sean Mansen	00:24:31.22	4:54	43	M
3	607	David Dern	00:34:04.78	6:49	47	M
4	505	Eric Bertrand	00:34:55.59	6:59	42	M
5	560	Guido Patrice	00:41:23.35	8:17	47	M
6	529	Derek Franklin	00:51:40.20	10:20	46	M

5K M 50 - 59 - based on Gun Elapsed time

1	563	Kerry Powell	00:23:23.37	4:41	59	M
2	541	Paul Heintzman	00:23:36.51	4:43	59	M
3	558	John Oram	00:26:43.90	5:21	52	M
4	587	Mark Herman	00:27:24.29	5:29	54	M

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Position	Bib #	Name	Race Time	Pace	Age	Gender
5	592	Ken McGregor	00:29:19.72	5:52	54	M
6	543	Jamie Horton	00:31:53.82	6:23	55	M
7	511	Brian Burns	00:34:02.81	6:48	59	M
8	566	Bruce Reside	00:35:10.65	7:02	58	M
9	526	Colins Grant Ferguson	00:37:08.84	7:26	54	M
10	507	Michael Boyd	00:42:50.08	8:34	57	M
11	19	Albert Carmanico	00:43:36.84	8:43	57	M
12	573	Rick Soudant	00:48:29.50	9:42	53	M

5K M 60+ - based on Gun Elapsed time

1	554	Brian McGregor	00:22:17.84	4:27	65	M
2	514	Mick Chawner	00:27:19.97	5:28	70	M
3	520	Bob Davidson	00:28:19.54	5:40	62	M
4	619	David Sankoff	00:33:27.75	6:41	74	M
5	23	need Name	00:36:25.64	7:17	90	M
6	618	Herman Schroedor	00:44:46.66	8:57	76	M
7	606	Arthur Solomonian	00:54:38.45	10:56	69	M
8	588	Barry LaBrie	00:55:16.66	11:03	68	M
9	583	Hesch Hanley	00:55:18.49	11:04	66	M
10	611	Geoff Burd	00:56:40.36	11:20	63	M

2017 Mississippi Mills Run for AGH 5K Age Groups 9/13/17 7:07:06 PM

Position	Bib #	Name	Race Time	Pace	Age	Gender
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2017 Mississippi Mills Run for AGH 5K Age Groups 9/13/17 7:07:07 PM

Position	Bib #	Name	Race Time	Pace	Age	Gender
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