

MMRR 2017 5K Overall Results

Rank	Bib	First	Last	Race Time	Age	Division	Gender	City	Team
1	17	Erin	Rivers	00:19:29	27	5k	F	Ottawa	
2	517	Carl	Coutu	00:20:21	34	5k	M	Orleans	
3	503	Max	Benda	00:20:37	13	5k	M	Perth	
4	518	Richard	Coxford	00:21:27	38	5k	M	Ottawa	
5	554	Brian	McGregor	00:22:18	65	5k	M	Perth	
6	506	Brad	Black	00:22:22	49	5k	M	CARP	
7	577	Mike	Wheeler	00:22:50	30	5k	M	Stittsville	
8	563	Kerry	Powell	00:23:23	59	5k	M	Carleton Place	
9	541	Paul	Heintzman	00:23:37	59	5k	M	Chelsea	
10	527	Jillian	Ferguson	00:23:40	16	5k	F	Pakenham	
11	512	Ryan	Carey	00:23:42	33	5k	M	Ottawa	
12	524	Suzanne	Egan	00:23:45	62	5k	F	Almonte	
13	508	Rob	Bradley	00:23:53	34	5k	M	Carleton place	
14	551	McKenna	Mary Ann	00:23:55	60	5k	F	Almonte	
15	21	Sean	Mansen	00:24:31	43	5k	M	Carleton Place	
16	599	Joann	McDonald	00:26:07	36	5k	F	Carleton PLace	Run Now Wine Later
17	558	John	Oram	00:26:44	52	5k	M	Carp	
18	576	Jennifer	Tremblay	00:27:00	39	5k	F	Arnprior	
19	605	Matt	Tiffany	00:27:16	37	5k	M	Almonte	Team OVfHT
20	514	Mick	Chawner	00:27:20	70	5k	M	Ashton	
21	575	TracyLyn	Tardiff	00:27:22	44	5k	F	Gatineau	
22	587	Mark	Herman	00:27:24	54	5k	M	Almonte	I Shrank my But
23	585	Jaye	Herman	00:27:24	51	5k	F	Almonte	I Shrank my But
24	596	Sarah	Benoit	00:27:25	37	5k	F	Brockville	Run Now Wine Later
25	598	Heidi	McDonald	00:27:32	35	5k	F	Carleton Place	Run Now Wine Later
26	595	Tina	McLelland	00:27:53	43	5k	F	Carleton PLace	Run Now Wine Later
27	597	Hannah	Larkin	00:28:12	26	5k	F	Almonte	Run Now Wine Later
28	520	Bob	Davidson	00:28:20	62	5k	M	Almonte	
29	603	Reg	Krechowicz	00:28:59	33	5k	F	Almonte	Team OVfHT
30	535	Jessica	Guthrie	00:29:19	13	5k	F	Almonte	
31	592	Ken	McGregor	00:29:20	54	5k	M	Carleton Place	I Shrank my But
32	537	Nicole	Guthrie	00:29:35	45	5k	F	Almonte	
33	608	Dominic	Dern	00:29:38	14	5k	M	Almonte	Walking for DI
34	523	Chelsey	Donohue	00:29:43	30	5k	F	Arnprior	
35	521	Anne-Marie	Dean	00:30:35	34	5k	F	Carleton Place	
36	500	Judi	Agnew	00:30:46	60	5k	F	Almonte	
37	570	Corey	Sample	00:30:55	33	5k	M	Embrun	
38	525	Kelly	Falco	00:31:17	40	5k	F	Almonte	
39	582	Kiley	Giardini	00:31:49	33	5k	F	Almonte	I Shrank my But
40	543	Jamie	Horton	00:31:54	55	5k	M	Almonte	
41	18	Rachel	Schumacher	00:32:36	21	5k	F		
42	584	Jamie	Herman	00:32:37	20	5k	F	Almonte	I Shrank my But
43	556	Rachel	Merrick	00:32:41	35	5k	F	Dunrobin	
44	539	lisa	hampel	00:32:41	40	5k	F	dunrobin	
45	22	Katie	Tiffany	00:33:07	30	5k	F	Almonte	
46	619	David	Sankoff	00:33:28	74	5k	M	Ottawa	
47	590	John	LaBrie	00:33:58	34	5k	M	Almonte	I Shrank my But
48	549	Tara	Little	00:33:58	24	5k	F	Almonte	
49	504	Maryse	Bernier	00:34:00	49	5k	F	Ottawa	
50	511	Brian	Burns	00:34:03	59	5k	M	Ottawa	
51	609	Maureen	Dern	00:34:05	48	5k	F	Almonte	Walking for DI
52	607	David	Dern	00:34:05	47	5k	M	Almonte	Walking for DI
53	574	Jenny	Tardiff	00:34:43	43	5k	F	Gatineau	
54	505	Eric	Bertrand	00:34:56	42	5k	M	Gatineau	
55	548	Oceanne	Lalonde-Bertrand	00:34:56	9	5k	F	Gatineau	
56	561	Tanya	Patrice	00:35:02	46	5k	F	Almonte	
57	562	Curtis	Pilon	00:35:06	26	5k	M	Smiths Falls	
58	552	Caleigh	McCabe	00:35:07	26	5k	F	Almonte	
59	617	Sarah	Resied	00:35:10	23	5k	F	Almonte	
60	566	Bruce	Reside	00:35:11	58	5k	M	Almonte	
61	26	Mary Beth	Testagrossin	00:36:25	57	5k	F	Almonte	
62	23	need	name	00:36:26		5k			
63	547	Katelyn	Lackey	00:36:44	28	5k	F	almonte	

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64	522	Lucie	Desjardins	00:36:52	48	5k	F	Gatineau	
65	526	Colins Gran	Ferguson	00:37:09	54	5k	M	Pakenham	
66	515	Jana	Coes Kehoe	00:37:44	40	5k	F	Pakenham	
67	546	Sherry	Horton	00:39:06	55	5k	F	Almonte	
68	586	Kyla	Herman	00:40:15	23	5k	F	Almonte	I Shrank my But
69	545	Nikki	Horton	00:40:45	27	5k	F	Almonte	
70	544	Lisa	Horton	00:40:45	25	5k	F	Almonte	
71	24	Erica	Atfield	00:41:02	37	5k	F	Barry's Bay	
72	581	Cheryl	Bonhomme	00:41:17	52	5k	F	Ottawa	I Shrank my But
73	560	Guido	Patrice	00:41:23	47	5k	M	Almonte	
74	507	Michael	Boyd	00:42:50	57	5k	M	Stittsville	
75	542	Karin	Hepburn	00:42:50	57	5k	F	Ottawa	
76	19	Albert	Carmanico	00:43:37	57	5k	M	Stittsville	
77	20	Deborah	Carmanico	00:43:37	56	5k	F	Stittsville	
78	532	Eniko	Galgoczi	00:43:40	41	5k	F	Gatineau	
79	555	Melissa	Mech	00:43:43	50	5k	F	Ottawa	
80	553	Kalin	McCluskey	00:44:27	31	5k	F	Ottawa	
81	565	Michael	Read	00:44:27	39	5k	M	Ottawa	
82	618	Herman	Schroedor	00:44:47	41	5k	M	Almonte	
83	601	Chris	Deschenes	00:45:19	66	5k	F	Almonte	Team OVFHT
84	550	Joy	Loubert	00:45:35	64	5k	F	Almonte	
85	501	Lisa	Barringer	00:46:07	37	5k	F	Almonte	
86	580	Sarah	Lewis	00:46:10	29	5k	F	Almonte	I Shrank my But
87	569	Tina	Ryan	00:47:13	64	5k	F	ottawa	
88	502	Ryan	Barringer	00:47:19	39	5k	M	Almonte	
89	538	Alexandra	Hall	00:48:01	35	5k	F	Almonte	
90	616	Madelynn	Hall	00:48:02	9	5k	F	Almonte	
91	559	Kris	Parsons	00:48:05	63	5k	F	Almonte	
92	573	Rick	Soudant	00:48:30	53	5k	M	R.R# 3 Almonte	
93	604	Harriet	Soudant	00:48:31	53	5k	F	R.R# 3 Almonte	Team OVFHT
94	568	Sylvie	Rose	00:48:57	50	5k	F	Gatineau	
95	528	Nathalie	Forgette	00:48:57	49	5k	F	Gatineau	
96	516	Eileen	Collins	00:49:11	52	5k	F	Almonte	
97	593	Diane	Thibault	00:49:21	55	5k	F	Almonte	I Shrank my But
98	533	Linda	Galvin	00:49:55	64	5k	F	Nepean	
99	25	Steven	Lafontaine	00:50:32	38	5k	M	Almonte	
100	591	Cynthia	Mathews	00:50:37	43	5k	F	Almonte	I Shrank my But
101	530	Jody	Franklin	00:51:40	45	5k	F	Almonte	
102	529	Derek	Franklin	00:51:40	46	5k	M	Almonte	
103	531	Willow	Franklin	00:51:40	14	5k	F	Almonte	
104	557	Meg	Myers	00:52:31	50	5k	F	Ottawa	
105	572	Helen	Shaw	00:52:32	44	5k	F	Kanata	
106	606	Arthur	Solomonian	00:54:38	69	5k	M	Almonte	Walking for DI
107	615	Ruth	McBride	00:54:54	75	5k	F	Almonte	
108	614	Gretta	Bradley	00:54:54	60	5k	F	Almonte	
109	588	Barry	LaBrie	00:55:17	68	5k	M	Arnprior	I Shrank my But
110	589	Cindy	LaBrie	00:55:17	63	5k	F	Arnprior	I Shrank my But
111	583	Hesch	Hanley	00:55:18	66	5k	M	Almonte	I Shrank my But
112	594	Marie	Traversy	00:55:19	64	5k	F	Almonte	I Shrank my But
113	534	Stacey	Gervais	00:56:16	34	5k	F	Braeside	
114	510	Scott	Burnie	00:56:32	39	5k	M	Braeside	
115	613	Dan	Snowball	00:56:40	34	5k	M	Peterborough	Burds and the Beard
116	612	Beverly	Burd	00:56:40	62	5k	F	Almonte	Burds and the Beard
117	611	Geoff	Burd	00:56:40	63	5k	M	Almonte	Burds and the Beard
118	513	Donna	Cathcart	00:57:24	48	5k	F	Almonte	
119	567	Jayne	Richeson	00:57:24	58	5k	F	Almonte	