

2017 Soul Sisters 5K results 15/10/2017 10:01:37 AM

Position	Bib #	Name	Race Time	Pace	Gender	Division	Age
1	109	Benda, Max	00:21:01.4	4:12		5K	
2	88	Cayen, Joe	00:25:14.4	5:03		5K Team	
3	96	Miller, Lauren	00:26:01.6	5:12		5K Team	
4	79	Bencze, Vicki	00:26:28.0	5:18		5K Team	
5	85	Mahood, Steve	00:26:53.0	5:23		5K Team	
6	81	Crochetiere, Elyse	00:27:28.7	5:30		5K Team	
7	113	Villeneuve, Thomas	00:29:07.4	5:49		5K	
8	80	Boyer, Philippe	00:29:29.1	5:54		5K Team	
9	121	Wood, Louise	00:29:56.9	5:59		5K	
10	112	Pollax, Aniko	00:30:27.2	6:05		5K	
11	30	Sieja, Robyn	00:30:44.6	6:09		5K	
12	12	Follett, Greg	00:31:43.3	6:21		5K	
13	123	Hermer, Dylan	00:32:08.2	6:26		5K	
14	87	Smith, Matt	00:33:41.0	6:44		5K Team	
15	48	Ellis, Bailey	00:34:00.5	6:48		5K Team	
16	38	Trudel, Daniel	00:34:00.9	6:48		5K	
17	4	Bruyere, Jett	00:34:01.1	6:48		5K	
18	49	Ellis, Rylee	00:34:01.5	6:48		5K Team	
19	92	Birley, Elijah	00:34:18.4	6:52		5K Team	
20	103	Wills, Bryce	00:34:18.7	6:52		5K Team	
21	8	Doyle, Jane	00:34:42.7	6:56		5K	
22	59	Norton, Annette	00:34:50.8	6:58		5K Team	
23	93	Lambert, Melanie	00:35:04.5	7:01		5K Team	
24	14	Hayes, Nicki	00:35:08.6	7:02		5K	
25	102	Wills, Krista	00:35:21.8	7:04		5K Team	
26	104	Wills, Greg	00:35:22.1	7:04		5K Team	
27	100	Thomson, Jonathan	00:35:23.1	7:05		5K Team	
28	101	VanHofwegen, Angela	00:35:23.7	7:05		5K Team	
29	91	Little, Amanda	00:35:23.8	7:05		5K Team	
30	31	Smith, Sam	00:35:56.6	7:11		5K	
31	11	Follett, Liz	00:35:57.1	7:11		5K	
32	33	Snowdon, Shannon	00:36:23.1	7:17		5K	
33	1	Al Wazzan, Zahra	00:37:19.6	7:28		5K	
34	29	Rodine, Robert	00:37:57.2	7:35		5K	
35	28	Penman, Cindy	00:39:42.2	7:56		5K	
36	120	Moger, Kathy	00:40:30.2	8:06		5K	
37	99	Miller, Seth	00:40:54.5	8:11		5K Team	
38	94	Miller, Shannon	00:41:04.7	8:13		5K Team	
39	36	Stoodley, Ruth	00:41:56.4	8:23		5K	
40	35	Stoodley, Danica	00:41:56.6	8:23		5K	
41	53	Hutchings, Amanda	00:42:05.4	8:25		5K Team	
42	54	Jande, Nev	00:42:05.6	8:25		5K Team	
43	45	Whitney, Karen	00:42:23.2	8:29		5K Team	
44	44	Andre, Deborah	00:42:23.4	8:29		5K Team	
45	39	Turbach, Joanne	00:42:31.4	8:30		5K	
46	5	Coghlan, Janet	00:43:52.6	8:46		5K	
47	65	Banks, Paige	00:44:15.4	8:51		5K Team	

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Position	Bib #	Name	Race Time	Pace	Gender	Division	Age
48	66	McLean, Alana	00:44:16.8	8:51		5K Team	
49	60	Trudel, Sam	00:44:21.4	8:52		5K Team	
50	55	McGibbon, Ashley	00:44:41.3	8:56		5K Team	
51	61	Kerfoot, Sarah	00:44:46.7	8:57		5K Team	
52	75	Jenner, Angela	00:46:02.9	9:12		5K Team	
53	6	Craig, Joanne	00:47:18.8	9:28		5K	
54	119	Stoodley, Shane	00:49:57.5	9:59		5K	
55	34	Stoodley, Kiaya	00:49:58.9	9:59		5K	
56	15	Hendry, Shawnda	00:50:19.3	10:04		5K	
57	2	Begley, Sherry	00:50:20.1	10:04		5K	
58	17	Jude, Donna	00:50:20.1	10:04		5K	
59	349	Donaldson, Lisa	00:52:34.0	10:31		5k	
60	125	Woolcombe, Lana	00:52:34.7	10:31		5K	
61	67	Donaldson, Geneva	00:52:47.5	10:33		5K Team	
62	18	Lackey, Bonnie	00:52:47.5	10:33		5K	
63	9	Ewing, Erin	00:52:48.2	10:34		5K	
64	13	Haining, Kelly	00:52:51.3	10:34		5K	
65	10	Finnson, Sally	00:52:51.7	10:34		5K	
66	89	Murdoch, France	00:53:15.3	10:39		5K Team	
67	76	Pelletier, Jacques	00:53:15.5	10:39		5K Team	
68	90	Coutts, Sheila	00:53:15.7	10:39		5K Team	
69	50	Empey, Danielle	00:53:22.6	10:40		5K Team	
70	52	Heggie, Katherine	00:53:36.5	10:43		5K Team	
71	16	Jones, Leona	00:55:52.4	11:10		5K	
72	3	Bilton, Elma	00:55:52.4	11:10		5K	
73	77	Beaudry, Una	00:55:57.7	11:11		5K Team	
74	84	Lawless, Brian	00:55:57.9	11:11		5K Team	
75	82	Guimond, Jo-Anne	00:55:58.1	11:12		5K Team	
76	24	Naylor, Dave	00:55:59.4	11:12		5K	
77	23	Naylor, Judy	00:55:59.4	11:12		5K	
78	70	Renaud, Wendy	00:56:19.6	11:16		5K Team	
79	69	Schipper, Karen	00:56:20.0	11:16		5K Team	
80	27	Pedro, Paul	00:56:52.5	11:22		5K	
81	26	Pedro, Anne	00:56:54.0	11:23		5K	
82	114	Horse, Adrienne	00:58:30.1	11:42		5K	
83	115	Gardner, David	00:58:30.2	11:42		5K	
84	122	Brady, Erin	00:58:32.7	11:42		5K	
85	21	McCreary, Michele	00:59:03.8	11:49		5K	
86	20	McCreary, Felice	00:59:04.1	11:49		5K	
87	19	Langdon, Heather	00:59:06.7	11:49		5K	
88	71	Sherman, Louise	00:59:08.8	11:50		5K Team	
89	354	Kelford, Ashley	01:01:36.4	12:19		5k	
90	355	Kelford, Brenda	01:01:36.4	12:19		5k	
91	118	Ghalleg, Adam	01:04:17.5	12:51		5K	
92	117	Williams, Cathy	01:04:17.6	12:51		5K	
93	32	Snowdon, Jana	01:05:05.0	13:01		5K	
94	51	Graham, Katie	01:06:44.2	13:21		5K Team	
95	57	Norton, Patrick	01:06:51.1	13:22		5K Team	

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Position	Bib #	Name	Race Time	Pace	Gender	Division	Age
96	63	Ruigrok, Melissa	01:08:05.4	13:37		5K Team	
97	124	Volkowskie, Everley	01:08:51.2	13:46		5K	
98	47	Douglas, Laura	01:16:21.0	15:16		5K Team	
99	110	Norton, Madison	01:16:22.5	15:16		5K	
100	56	Montgomery, Kaitlyn	01:16:23.2	15:17		5K Team	
101	58	Berdusco, Amy	01:16:24.1	15:17		5K Team	
102	62	Manley, Joey	01:16:28.4	15:18		5K Team	
103	111	Hanna, Nancy	01:16:29.0	15:18		5K	

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