

2017 Run with It 5K Results 19/11/2017 10:04:24 AM

Position	Bib #	Name	Race Time	Pace	Division	Gender
1	206	Simonds, Dwight	00:22:27.1	4:29	5k	M
2	224	Ween, Gene	00:22:48.1	4:34	5k	M
3	108	Bowlby, Seth	00:23:04.8	4:37	5k	M
4	104	Assadi, Deian	00:23:33.9	4:43	5k	M
5	214	Tremblay, JR	00:23:49.3	4:46	5k	M
6	182	Morse, Jennifer	00:23:58.1	4:48	5k	F
7	117	Carter, Daniel	00:24:21.5	4:52	5k	M
8	184	Moy, Andrew	00:24:39.7	4:56	5k	M
9	176	McKay, Lori	00:24:40.0	4:56	5k	F
10	157	Kosnaskie, Richard	00:25:29.9	5:06	5k	M
11	144	Granzotto Martin, stephen	00:25:38.6	5:08	5k	M
12	169	MacLean, Mike	00:26:00.6	5:12	5k	M
13	218	Van Wyck, Nicki	00:27:56.8	5:35	5k	F
14	177	McNeely, Shane	00:27:57.0	5:35	5k	M
15	192	Pearson, Krista	00:27:59.8	5:36	5k	F
16	225	Wilson, Tracy	00:29:03.1	5:49	5k	F
17	226	Woodstock, Carole	00:29:05.5	5:49	5k	F
18	103	Arnott, Siobhan	00:29:09.6	5:50	5k	F
19	191	Patterson, Krista	00:29:36.1	5:55	5k	F
20	156	Khartabil, Zena	00:29:40.9	5:56	5k	F
21	163	lee, abby	00:29:51.8	5:58	5k	F
22	119	Charlton, Chuck	00:30:25.3	6:05	5k	M
23	187	Newsome, Carter	00:30:32.1	6:06	5k	M
24	172	Mayotte, Russ	00:30:42.9	6:08	5k	M
25	112	Burhunduli, Patricia	00:30:48.7	6:10	5k	F
26	201	Saint-Yves, Abbey	00:30:57.9	6:11	5k	F
27	200	Saint-Yves, Brenda	00:30:59.7	6:12	5k	F
28	199	Saint-Yves, paul	00:30:59.9	6:12	5k	M
29	215	Twiddy, Alexis	00:31:03.7	6:13	5k	F
30	142	Gorman, Kerry	00:31:04.6	6:13	5k	F
31	409	Ward-Bellehumeur, Eric	00:31:39.6	6:20	5k	M
32	158	Krajden, Rosanne	00:31:47.8	6:21	5k	F
33	101	Alfredsson, Bibbi	00:31:58.7	6:24	5k	F
34	121	Connolly, Kerri	00:32:08.1	6:26	5k	F
35	186	Newsome, James	00:32:34.8	6:31	5k	M
36	126	Diaz, Victoria	00:32:49.0	6:34	5k	F
37	139	Gomez, Daniel	00:32:49.0	6:34	5k	M
38	204	Scott, Don	00:33:20.3	6:40	5k	M
39	194	PETRIE, Elaine	00:33:41.2	6:44	5k	F
40	193	peskett, kelly	00:33:41.5	6:44	5k	F
41	118	CARTER, Ellen	00:33:55.0	6:47	5k	F
42	128	Dunne, Stephanie	00:33:57.5	6:47	5k	F

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Position	Bib #	Name	Race Time	Pace	Division	Gender
43	208	Smart, Nicole	00:33:58.3	6:48	5k	F
44	221	Vautour, Meredith	00:34:01.1	6:48	5k	F
45	153	Holmes, Martha	00:34:54.9	6:59	5k	F
46	220	Vanderploeg, Michelle	00:36:01.9	7:12	5k	F
47	175	McIntosh, Judy	00:36:05.0	7:13	5k	F
48	166	Liersch, Karen	00:36:12.8	7:14	5k	F
49	146	Hamati, Rami	00:36:27.8	7:17	5k	M
50	180	Meloche, Liza	00:37:08.1	7:26	5k	F
51	161	Lavoie, Pierre	00:37:24.3	7:29	5k	M
52	159	Lafond, Genevieve	00:37:24.3	7:29	5k	F
53	179	Meloche, Marc	00:37:25.1	7:29	5k	M
54	205	Sharpe, Linda	00:37:51.1	7:34	5k	F
55	148	Herley-Tremblay, Michele	00:37:57.9	7:35	5k	M
56	227	Yates, Donna	00:38:58.2	7:48	5k	F
57	197	Rachlis, Louise	00:40:32.9	8:06	5k	F
58	124	Davarajah, Jena	00:40:50.1	8:10	5k	F
59	222	Walsh, Jim	00:41:00.4	8:12	5k	M
60	129	Ebrahimzadeh, Mohammad	00:41:02.9	8:12	5k	M
61	198	Rubabaza, Aline	00:41:06.8	8:13	5k	F
62	113	Cameron, Debbie	00:42:39.8	8:32	5k	F
63	154	Ingram, Laurie	00:42:42.8	8:32	5k	F
64	167	Lowson, Erika	00:42:50.4	8:34	5k	F
65	183	Mosker, Andrea	00:42:52.8	8:34	5k	F
66	207	Simpson, Christopher	00:42:58.9	8:36	5k	M
67	134	Fogl, Tomas	00:42:59.2	8:36	5k	M
68	111	Brown, Raye	00:43:12.1	8:38	5k	F
69	132	Filion, Sylvie	00:43:17.2	8:39	5k	F
70	110	Brigham, Avery	00:43:17.2	8:39	5k	F
71	189	O'Donnell, Aisling	00:43:23.1	8:41	5k	F
72	160	Lambert, Donna	00:43:37.9	8:43	5k	F
73	209	Steele, Kim	00:43:37.9	8:43	5k	F
74	171	Mason Brown, Elizabeth Lee	00:43:39.3	8:44	5k	F
75	211	Thompson, Jessica	00:44:07.0	8:49	5k	F
76	106	Bakker, Tammy	00:44:10.1	8:50	5k	F
77	170	manning-dewar, warren	00:44:34.3	8:55	5k	M
78	174	McCaffrey, Lilian	00:44:36.2	8:55	5k	F
79	173	McCaffrey, William	00:44:57.2	8:59	5k	M
80	150	Herron, Kate	00:46:58.3	9:24	5k	F
81	123	Davarajah, Tam	00:51:45.8	10:21	5k	F
82	181	Mohring, Laurie	00:53:27.3	10:41	5k	F
83	109	Bradley, Joanne	00:53:27.8	10:41	5k	F
84	217	Ulyatt, Hazel	00:55:25.7	11:05	5k	F

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2017 Run with It 5K Results 19/11/2017 10:04:26 AM

Position	Bib #	Name	Race Time	Pace	Division	Gender
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