

Half Marathon Results

Rank	Bib	First	Last	Race Time	Chip Time	Race	Gender	City	Pace
1	1996	Nicolas	Beland	01:19:07	01:19:08	Half	M	Ottawa	00:03:46
2	1599	Travis	Gough	01:22:23	01:22:22	Half	M	St. Catharines	00:03:55
3	1763	Todd	Shannon	01:22:58	01:22:57	Half	M	Ottawa	00:03:57
4	1787	Shane	Teesdale	01:24:12	01:24:10	Half	M	Waterloo	00:04:01
5	1619	Nicholas	Hinsperger	01:24:55	01:24:54	Half	M	Chelsea	00:04:03
6	1510	Patrick	Beaudry	01:26:25	01:26:24	Half	M	Ottawa	00:04:07
7	1737	Clelio	Pinheiro	01:27:31	01:27:30	Half	M	Gatineau	00:04:10
8	1522	Adrien	Brossier	01:29:05	01:28:58	Half	M	Ottawa	00:04:15
9	1641	Nicolas	Kerbrat	01:29:55	01:29:54	Half	M	Montreal	00:04:17
10	1995	Christopher	Lowe	01:31:04	01:31:04	Half	M	Ottawa	00:04:20
11	1600	David	Granger	01:31:37	01:31:33	Half	M	Shawinigan	00:04:22
12	1777	APRIL	ferguson	01:33:11	01:33:09	Half	M	RIDEAU FERRY	00:04:26
13	1540	Jaclyn	Clark	01:34:37	01:34:24	Half	F	Kingston	00:04:30
14	1782	Vadim	Suraev	01:35:35	01:35:33	Half	M	Longueuil	00:04:33
15	1663	Aurore	Lemarinier	01:35:46	01:35:36	Half	F	Ottawa	00:04:34
16	1654	Jacob	Larin	01:35:50	01:35:44	Half	F	Gatineau	00:04:34
17	1524	Isabelle	Bureau	01:36:00	01:35:59	Half	F	Quebec	00:04:34
18	1583	Scott	Fraser	01:36:47	01:36:44	Half	M	Petawawa	00:04:37
19	1998	Hamid	Behnia	01:37:07	01:36:58	Half	m		00:04:37
20	1507	David	Baggs	01:37:09	01:37:03	Half	M	Orleans	00:04:38
21	1697	David	Molson	01:39:10	01:39:08	Half	M	Orleans	00:04:43
22	1613	HEATHER	HENRY	01:39:13	01:39:10	Half	F	VICTORIA	00:04:43
23	1501	DUANE	ALLEN	01:41:44	01:41:15	Half	M	PETAWAWA	00:04:51
24	1536	Tegan	Chappell	01:41:46	01:41:38	Half	F	Rockland	00:04:51
25	1779	Emilie	St-Jean	01:42:15	01:42:10	Half	F	Shawinigan	00:04:52
26	1734	kevin	phillips	01:42:16	01:41:55	Half	M	Almonte	00:04:52
27	1698	TERRY	MONETTE	01:42:17	01:41:55	Half	M	Careleton Place	00:04:52
28	1523	Christopher	Brown	01:43:11	01:42:57	Half	M	Perth	00:04:55
29	1725	Natasha	Parsons	01:43:12	01:43:11	Half	F	Ottawa	00:04:55
30	1658	Jean	Lavallee	01:43:38	01:43:23	Half	M	Ottawa	00:04:56
31	1533	Shayne	Chamberlain	01:43:39	01:43:14	Half	M	Orleans	00:04:56
32	1810	Laura	Wilson	01:43:49	01:43:42	Half	F	Kanata	00:04:57
33	1551	Mathieu	David	01:43:55	01:43:51	Half	M	Gatineau	00:04:57
34	1736	Brent	Pilon	01:43:55	01:43:32	Half	M	Ottawa	00:04:57
35	1542	Kirsten	Clement	01:43:55	01:43:51	Half	F	Nepean	00:04:57
36	1598	John	Gomes	01:44:14	01:43:56	Half	M	Ottawa	00:04:58
37	1548	Jennifer	Corner Gardiner	01:44:38	01:44:28	Half	F	Ottawa	00:04:59
38	1649	Joseph	Lajeunesse	01:45:07	01:44:28	Half	M	Ottawa	00:05:00
39	1527	KATRINA	BYRD	01:46:07	01:45:57	Half	F	Ottawa	00:05:03
40	1748	Christophe	Rene	01:46:39	01:46:32	Half	M	Gatineau	00:05:05
41	1650	Mathieu	Lalonde	01:46:49	01:46:28	Half	M	Rockland	00:05:05
42	1700	Barbara	Moore	01:47:21	01:47:18	Half	F	Ottawa	00:05:07
43	1761	Kurt	Schweitzer	01:47:23	01:47:09	Half	M	Manotick	00:05:07
44	1722	Glen	Paradis	01:47:56	01:47:37	Half	F	Ottawa	00:05:08
45	1672	Maurenia	Lynds	01:48:11	01:47:43	Half	F	Ottawa	00:05:09
46	1621	Charlene	Hudy	01:48:21	01:47:32	Half	F	Ottawa	00:05:10
47	1690	Alex	Mckenzie	01:48:37	01:48:13	Half	M	Tauranga	00:05:10
48	1531	Clark	Carvish	01:48:50	01:48:42	Half	M	Nepean	00:05:11
49	1518	Jean	Bourgeois	01:49:29	01:49:04	Half	M	Town of Mont Royal	00:05:13
50	1528	Debbie	Callaghan	01:49:38	01:49:35	Half	F	Ottawa	00:05:13
51	4806	Gerry	Larkin	01:50:25	01:50:22	Half	m		00:05:15
52	1644	Patricia	Kim	01:50:33	01:49:55	Half	F	Petawawa	00:05:16
53	1807	Catherine	Wark	01:50:54	01:50:48	Half	F	Tiverton	00:05:17
54	1595	Christian	Giguere	01:51:36	01:51:15	Half	M	OTTAWA	00:05:19
55	1752	Melanie	Rochon	01:52:13	01:51:41	Half	F	Ottawa	00:05:21
56	1701	Mike	Moore	01:52:13	01:52:09	Half	M	Ottawa	00:05:21
57	1526	Wally	Burns	01:52:20	01:52:04	Half	M	Navan	00:05:21

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58	1586	Marie-Josée	Gaboriault	01:52:28	01:52:19	Half	F	St-Hyacinthe	00:05:21
59	1604	Glenn	Hall	01:52:31	01:52:25	Half	M	Orleans	00:05:21
60	1766	Tracy	Shouldice	01:52:33	01:52:18	Half	M	Carp	00:05:22
61	1637	LUC	JOLICOEUR	01:52:41	01:52:33	Half	M	SAINT-HYACINTHE	00:05:22
62	1596	Tracey	Giles	01:52:49	01:52:45	Half	F	Shannonville	00:05:22
63	1811	Christopher	Wilson	01:53:02	01:53:01	Half	M	Ottawa	00:05:23
64	1671	Sonja	Lukassen	01:53:16	01:53:02	Half	F	Perth	00:05:24
65	1687	Eli	McGowan	01:53:54	01:53:16	Half	M	Ottawa	00:05:25
66	1576	Costas	Farassoglou	01:54:00	01:53:55	Half	M	Ottawa	00:05:26
67	1645	Matt	Kinghorn	01:54:17	01:53:54	Half	M	Brockville	00:05:27
68	1508	Crystal	Barkley	01:54:18	01:54:14	Half	F	Napanee	00:05:27
69	1511	Cecile	Beaurepaire	01:54:37	01:54:13	Half	F	Ottawa	00:05:27
70	1553	dominique	de larichaudy	01:55:01	01:54:34	Half	M	Gatineau	00:05:29
71	1666	Eric	Lemyre	01:56:49	01:56:31	Half	M	St-Basile-Le-Grand	00:05:34
72	1516	Andrew	Blanchard	01:56:52	01:56:49	Half	M	Petawawa	00:05:34
73	1560	ROBYN	DICESARE	01:56:54	01:56:43	Half	F	gatineau	00:05:34
74	1719	Yuting	Pan	01:57:21	01:57:14	Half	F	Montreal	00:05:35
75	1758	Claire	Samson	01:57:21	01:56:59	Half	F	OTTAWA	00:05:35
76	1822	Rylan	Williams	01:57:30	01:57:01	Half	M	Ile bizard	00:05:36
77	1714	ROSLYN	O'NEILL	01:57:43	01:57:30	Half	F	Ottawa	00:05:36
78	1509	Erin	Beasley	01:57:51	01:57:29	Half	F	Ottawa	00:05:37
79	1780	Evelyn	Stroobach	01:58:16	01:58:15	Half	F	Ottawa	00:05:38
80	1743	Ralph	Prentice	01:58:18	01:57:48	Half	M	ORLEANS	00:05:38
81	1764	stephen	sheel	01:58:20	01:57:51	Half	M	Ottawa	00:05:38
82	1784	STEVE	TALBOT	01:58:21	01:57:58	Half	M	ORLEANS	00:05:38
83	1520	Steven	Bradley	01:58:34	01:58:14	Half	M	Rockland	00:05:39
84	1660	Sara	Leblanc	01:58:37	01:58:15	Half	F	Trois-Rivieres	00:05:39
85	1669	Chris	Lucas	01:58:51	01:58:48	Half	M	Arnprior	00:05:40
86	1775	Robert	Stecher	01:59:24	01:59:18	Half	M	Carp	00:05:41
87	1781	blair	sunderland	01:59:26	01:58:45	Half	M	Kars	00:05:41
88	1769	Maria	Slogar	01:59:49	01:59:18	Half	F	Ottawa	00:05:42
89	1561	Irene	Dionne	02:00:02	01:59:46	Half	F	Ottawa	00:05:43
90	1614	William	Henson	02:00:24	01:59:40	Half	M	Ottawa	00:05:44
91	1729	Jennifer	Perlin	02:00:30	02:00:24	Half	F	Kanata	00:05:44
92	1662	Valerie	Lee	02:00:40	02:00:36	Half	F	Orleans	00:05:45
93	1683	Sylvain	McDuff	02:01:08	02:00:58	Half	M	Lac Sergent	00:05:46
94	1682	Jessica	Maxwell	02:01:09	02:00:01	Half	F	Ottawa	00:05:46
95	1630	Arif	Jaffer	02:01:40	02:01:27	Half	M	Ottawa	00:05:48
96	1636	Kourtney	Johnstone	02:01:42	02:01:29	Half	F	Ottawa	00:05:48
97	1741	Charity	Porter	02:01:43	02:00:34	Half	F	Almonte	00:05:48
98	1555	James	Deltour	02:02:34	02:01:36	Half	M	Gatineau	00:05:50
99	1744	Kate	Primeau	02:02:38	02:02:30	Half	F	Foxboro	00:05:50
100	1552	Melinda	De haerne	02:02:38	02:02:00	Half	F	Ottawa	00:05:50
101	1579	Marjorie	Fitton	02:02:39	02:02:07	Half	F	Ottawa	00:05:50
102	1801	Tannys	Vause	02:02:40	02:01:58	Half	F	Ottawa	00:05:50
103	1771	SARAH	SMITH	02:02:41	02:01:59	Half	F	Ottawa	00:05:51
104	1512	ANNA	BELANGER	02:02:47	02:02:07	Half	F	Ottawa	00:05:51
105	1550	Kevin	Daly	02:02:56	02:01:51	Half	M	Ottawa	00:05:51
106	1804	Benedicte	Vos	02:03:05	02:02:14	Half	F	Ottawa	00:05:52
107	1695	MICHEL	MENARD	02:03:35	02:03:07	Half	M	ORLEANS	00:05:53
108	1679	Juan Pedro	Martinez	02:03:38	02:02:34	Half	M	Ottawa	00:05:53
109	1716	ANASTASSIA	OUDATCHINA	02:03:39	02:02:35	Half	F	CHELSEA	00:05:53
110	1749	RAFIK	REZZIK	02:04:42	02:04:29	Half	M	OTTAWA	00:05:56
111	1704	BRENT	MUNDELL	02:04:44	02:04:30	Half	M	Ottawa	00:05:56
112	1699	Nichole	Moon	02:04:57	02:04:36	Half	F	Massena	00:05:57
113	1573	Ranya	El Sadawy	02:04:59	02:04:44	Half	F	Ottawa	00:05:57
114	1629	Rita	Jackson	02:05:08	02:04:56	Half	F	RIDEAU FERRY	00:05:58

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115	1718	Lorna	Palmer	02:05:33	02:05:22	Half	F	gloucester	00:05:59
116	1513	VICKI	BENCZE	02:05:54	02:05:39	Half	F	Ottawa	00:06:00
117	1593	Christine	Geraghty	02:06:02	02:05:07	Half	F	Kanata	00:06:00
118	1594	CHAD	GERAGHTY	02:06:02	02:05:07	Half	M	KANATA	00:06:00
119	1587	Sylvie	Gaboriault	02:06:05	02:05:54	Half	F	Lac sergent	00:06:00
120	1625	Ian	Hunter	02:06:23	02:06:17	Half	M	Ottawa	00:06:01
121	1622	Michelle	Hughes	02:06:36	02:06:21	Half	F	Ottawa	00:06:02
122	1791	Jamie	Thompson	02:06:56	02:06:31	Half	F	Ottawa	00:06:03
123	1505	Catherine	Armstrong	02:07:01	02:06:20	Half	F	Ottawa	00:06:03
124	1674	Victoria	Mackay	02:07:19	02:07:04	Half	F	Ottawa	00:06:04
125	1805	Marija	Vranjes	02:07:58	02:07:44	Half	F	Ottawa	00:06:06
126	1606	Luke	Hao	02:08:11	02:08:04	Half	M	Orleans	00:06:06
127	1664	sarah	lemelin-bellerose	02:08:12	02:08:06	Half	F	gatineau	00:06:06
128	1745	NICOLE	PROTZ	02:08:16	02:08:00	Half	F	Ottawa	00:06:06
129	1721	Rob	Paradis	02:08:29	02:08:04	Half	M	Merrickville	00:06:07
130	1627	Marysa	Irvine	02:08:50	02:07:56	Half	F	Richmond	00:06:08
131	1591	Guy	Gaudreault	02:08:59	02:08:30	Half	M	GATINEAU	00:06:09
132	1797	Stephen	Traplin	02:09:28	02:09:16	Half	M	Dunrobin	00:06:10
133	1735	Eliza	Phillis	02:09:35	02:09:18	Half	F	Ottawa	00:06:10
134	1770	Greg	Smart	02:09:49	02:09:45	Half	M	Ottawa	00:06:11
135	1820	Johanne	Gagnon	02:10:05	02:10:01	Half	F	La Peche	00:06:12
136	1785	Randy	Taylor	02:10:36	02:09:46	Half	M	Thunder Bay	00:06:13
137	1755	Kimberly	Rutke	02:10:58	02:10:05	Half	F	KANATA	00:06:14
138	1529	Robyn	Campbell	02:11:54	02:11:21	Half	F	Montreal	00:06:17
139	1504	Andre	April	02:11:56	02:11:33	Half	M	Gatineau	00:06:17
140	1680	Sarah	Masson	02:11:59	02:11:52	Half	F	Sherbrooke	00:06:17
141	1817	Catherine	Wright	02:12:00	02:11:05	Half	F	Ottawa	00:06:17
142	1685	Ashley	McGillis	02:12:04	02:11:53	Half	F	Renfrew	00:06:17
143	1800	Dina	Van Den Hanenberg	02:12:16	02:11:54	Half	F	Orleans	00:06:18
144	1997	Anna	Salonen	02:13:11	02:12:55	Half	f		00:06:21
145	1760	Jennifer	Schenkel	02:13:25	02:12:57	Half	F	Navan	00:06:21
146	1798	Annie	Truchon	02:13:39	02:12:34	Half	F	Ottawa	00:06:22
147	1626	Cristina	Iacob	02:13:51	02:13:49	Half	F	Nepean	00:06:22
148	1802	Gustavo	Vides Velasco	02:13:59	02:13:09	Half	M	Gatineau	00:06:23
149	1628	Ian	Jack	02:14:00	02:13:09	Half	M	Gatineau	00:06:23
150	1570	Kitdapawn	E	02:14:01	02:13:59	Half	F	ottawa	00:06:23
151	1754	Sharon	Rowan	02:14:52	02:14:25	Half	F	Petawawa	00:06:25
152	1742	Leanne	Poussard	02:15:03	02:14:46	Half	F	Quebec	00:06:26
153	1559	Sylvie	Desforges-Taillon	02:15:12	02:15:02	Half	F	Rockland	00:06:26
154	1819	Serge	Zolotov	02:15:36	02:15:29	Half	M	Kanata	00:06:27
155	1603	Amy	Hahto	02:15:37	02:15:18	Half	F	Ottawa	00:06:27
156	1665	Alexandre	Lemieux	02:15:38	02:15:00	Half	M	Gatineau	00:06:28
157	1556	Elisha	DeLuca	02:15:41	02:15:39	Half	F	Warkworth	00:06:28
158	1762	Stephane	Sens	02:15:51	02:15:36	Half	M	KEMPTVILLE	00:06:28
159	1544	Maria	Colwill	02:15:53	02:15:34	Half	F	Ottawa	00:06:28
160	1537	Richard	Chenard	02:16:05	02:15:21	Half	M	Gatineau	00:06:29
161	1547	Jessica	Corbeil	02:16:08	02:15:33	Half	F	Kingston	00:06:29
162	1790	BJ	THOMPSON	02:16:09	02:15:39	Half	F	Kanata	00:06:29
163	1792	Marlene	Thoms	02:16:15	02:15:52	Half	F	Orleans	00:06:29
164	1709	Tracey	Notman	02:16:22	02:16:05	Half	F	Brockville	00:06:30
165	1738	Denise	Pittuck	02:17:03	02:16:55	Half	F	Orleans	00:06:32
166	1602	Melodie	Guilbeault	02:18:03	02:17:38	Half	F	Ottawa	00:06:34
167	1746	Amanda	Ralph	02:18:12	02:18:03	Half	F	Hillsburgh	00:06:35
168	1707	David	Negin	02:18:20	02:18:13	Half	M	stittsville	00:06:35
169	1818	Emily	York	02:18:28	02:18:10	Half	F	Kemptville	00:06:36
170	1611	ELLEN	HENRY	02:18:58	02:18:55	Half	F	Ottawa	00:06:37
171	1610	Matthew	Hearn	02:18:58	02:18:56	Half	M	Ottawa	00:06:37

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172	1612	Mark	Henry	02:18:59	02:18:55	Half	M	Bloomfield	00:06:37
173	1546	Peggy	Cooke	02:19:01	02:18:42	Half	F	Carp	00:06:37
174	1691	Lesley	McMann	02:19:02	02:18:57	Half	F	Arnprior	00:06:37
175	1514	Barbara	Berry	02:19:07	02:18:32	Half	F	Nepean	00:06:37
176	1633	Tammy	Jeffery	02:19:08	02:18:33	Half	F	Ottawa	00:06:38
177	1788	Judith	Terry-Vieveen	02:19:13	02:18:19	Half	F	Beaverton	00:06:38
178	1732	Melissa	Petit-Clerc	02:19:23	02:19:05	Half	F	Stittsville	00:06:38
179	1733	ANGELA	PHILION	02:19:31	02:19:22	Half	F	Orleans	00:06:39
180	1795	Don	Town	02:19:38	02:19:20	Half	M	Gloucester	00:06:39
181	1717	Carol Anne	Owen	02:19:41	02:19:21	Half	F	Ottawa	00:06:39
182	1740	Rosa	Pool	02:19:43	02:19:13	Half	F	Ottawa	00:06:39
183	1793	Darene	Toal-Sullivan	02:19:45	02:19:26	Half	F	Kanata	00:06:39
184	1703	Abbie	Mueller	02:19:58	02:19:47	Half	F	Clarence Creek	00:06:40
185	1638	Andy	Kalnins	02:20:21	02:19:44	Half	M	Arnprior	00:06:41
186	1657	Dan	Lauzon	02:20:27	02:20:12	Half	M	Bancroft	00:06:41
187	1530	Jennifer	Carnes	02:20:33	02:19:50	Half	F	Gatineau	00:06:42
188	1994	Audree	Poissant-Viau	02:20:47	02:19:49	Half	F	Trenton	00:06:42
189	1575	Sridhar	Erukulla	02:20:57	02:20:48	Half	M	Kanata	00:06:43
190	1651	Corinne	Lalonde	02:21:23	02:21:17	Half	F	Almonte	00:06:44
191	1816	Karen	Wong	02:21:47	02:21:27	Half	F	Belleville	00:06:45
192	1634	REBECCA	JEFFS	02:22:20	02:22:16	Half	F	ORO-MEDONTE	00:06:47
193	1739	Robert	Pless	02:22:49	02:21:48	Half	M	Ottawa	00:06:48
194	1589	Amy	Gagnon	02:23:06	02:22:09	Half	F	Gatineau	00:06:49
195	1605	MURRAY	HAMILTON	02:23:34	02:23:10	Half	M	STITTSVILLE	00:06:50
196	2000	Kelly	Hill	02:23:34	02:23:10	Half	f		00:06:50
197	1678	CHERYL	MARTIN	02:23:55	02:23:47	Half	F	Trenton	00:06:51
198	1616	Jacqueline	Hertner	02:25:08	02:24:51	Half	F	Ottawa	00:06:55
199	1803	Melissa	Virgin	02:26:07	02:26:02	Half	F	Renfrew	00:06:57
200	1601	SANDRA	GRUESCU	02:26:17	02:25:40	Half	F	Ottawa	00:06:58
201	1525	Heather	Burns	02:26:22	02:26:18	Half	F	Ottawa	00:06:58
202	1639	Steve	Kenny	02:26:46	02:25:54	Half	M	Navan	00:06:59
203	1693	Brittany	McNena	02:26:59	02:26:45	Half	F	Ottawa	00:07:00
204	1813	COURTNEY	WILSON	02:27:01	02:26:03	Half	M	Ottawa	00:07:00
205	1705	Denise	Murch-D'Amours	02:27:06	02:26:30	Half	F	Arnprior	00:07:00
206	1796	Suzann	Townend	02:27:53	02:27:42	Half	F	CARLETON PLACE	00:07:03
207	1696	Carmelle	Michelot	02:27:57	02:27:41	Half	F	Ottawa	00:07:03
208	1648	MARYSE	LAFLAMME	02:29:04	02:28:49	Half	F	ROCKLAND	00:07:06
209	1756	Ann	Sabourin	02:29:04	02:28:48	Half	F	Orleans	00:07:06
210	1726	Ana	Pereira	02:29:04	02:28:49	Half	F	Rockland	00:07:06
211	1778	Kelly	Stewart	02:29:05	02:28:50	Half	F	Rockland	00:07:06
212	1999	David	Stephens	02:29:39	02:29:26	Half	m		00:07:08
213	1568	Chris	Duncan	02:30:05	02:29:45	Half	F	Belleville	00:07:09
214	1585	Paul	Frigault	02:30:16	02:29:24	Half	M	Ottawa	00:07:09
215	1624	Liz	Hunter	02:30:32	02:29:36	Half	F	Ottawa	00:07:10
216	1582	ALEX	FRASER	02:30:32	02:29:37	Half	M	OTTAWA	00:07:10
217	1712	Susanna	Oliveira	02:31:54	02:30:53	Half	F	Kingston	00:07:14
218	1774	Karen	Stafford	02:31:55	02:30:54	Half	F	Glenburnie	00:07:14
219	1640	MICHELLE	KEOUGH	02:32:51	02:31:59	Half	F	OTTAWA	00:07:17
220	1569	Barbara	Dundas	02:32:52	02:32:02	Half	F	Ottawa	00:07:17
221	1646	Emi	Koyanagi	02:32:52	02:32:40	Half	F	Vanier	00:07:17
222	1543	Stacy	Colt	02:33:05	02:33:03	Half	M	Belleville	00:07:17
223	1731	Sharon	Petersen	02:33:09	02:33:05	Half	F	BARRIE	00:07:18
224	1534	Larry	Chamney	02:33:19	02:33:14	Half	M	Ottawa	00:07:18
225	1692	Katie	McNeice	02:33:24	02:33:20	Half	F	barrie	00:07:18
226	1675	ADINA	MANOLI	02:33:36	02:33:29	Half	F	Kanata	00:07:19
227	1809	Gillian	Webster	02:34:20	02:34:08	Half	F	Carp	00:07:21
228	1541	Emily	Cleary	02:34:21	02:34:09	Half	F	Ottawa	00:07:21

Half Marathon Results

Rank	Bib	First	Last	Race Time	Chip Time	Race	Gender	City	Pace
229	1823	Barbara	McAllister	02:35:53	02:35:35	Half	F	Ottawa	00:07:25
230	1670	Eric	Lucas	02:35:54	02:35:38	Half	M	Kanata	00:07:25
231	1545	Sandra	Cook	02:36:11	02:35:08	Half	F	Orleans	00:07:26
232	1607	Mary-Ellen	Harper	02:36:37	02:36:22	Half	F	Ottawa	00:07:27
233	1684	Valerie	McFadden	02:37:24	02:37:10	Half	F	Ottawa	00:07:30
234	1812	Kathryn	Wilson	02:37:54	02:37:40	Half	F	Ottawa	00:07:31
235	1572	Michael	Eisen	02:38:04	02:37:17	Half	M	Nepean	00:07:32
236	1623	DEBRA	HUGHES	02:38:37	02:38:19	Half	F	NORTH GOWER	00:07:33
237	1631	Jennifer	Jarvis	02:38:47	02:38:32	Half	F	Ottawa	00:07:34
238	1723	Shawnda	Parsons	02:39:40	02:38:48	Half	F	Orlean	00:07:36
239	1724	Malcolm	Parsons	02:39:41	02:38:48	Half	M	Orlean	00:07:36
240	1519	JENNIFER	BOYLE	02:46:13	02:46:10	Half	F	Trenton	00:07:55
241	1532	Charlene	Chabot	02:49:08	02:48:59	Half	F	Ottawa	00:08:03
242	1562	Leanne	Diotte	02:49:09	02:48:56	Half	F	Orleans	00:08:03
243	1753	Helen	Roper	02:50:01	02:49:54	Half	F	Kanata	00:08:06
244	1776	WENDY	STEELE	02:50:01	02:49:51	Half	F	RICHMOND	00:08:06
245	1574	Joseph	Emas	02:51:37	02:51:27	Half	M	NEPEAN	00:08:10
246	1615	WENDY	HEPBURN	02:51:53	02:51:40	Half	F	OTTAWA	00:08:11
247	1708	Joan	Norgren	02:51:53	02:51:41	Half	F	Ottawa	00:08:11
248	1759	Christine	Scharf	02:55:14	02:55:02	Half	F	Carp	00:08:21
249	1661	Lisa	LeBrun	02:55:14	02:55:01	Half	F	Stittsville	00:08:21
250	1554	Geoffrey	Delage	02:56:55	02:56:51	Half	M	Ottawa	00:08:25
251	1567	VERONIQUE	DUGAS	02:58:35	02:58:23	Half	F	ORLEANS	00:08:30
252	1728	Carole	Perkins	02:59:14	02:58:55	Half	F	Kemptville	00:08:32
253	1656	francine	latreille	03:00:40	02:59:36	Half	F	Gatineau	00:08:36
254	1588	Helene	Gadbois	03:01:08	03:01:02	Half	F	L'Ange-Gardien	00:08:38
255	1715	Rick	O'Shaughnessy	03:02:19	03:02:04	Half	M	Ottawa	00:08:41
256	1517	claire	bourgeois	03:03:32	03:02:37	Half	f		00:08:44
257	1578	Brenda	Ferguson	03:03:37	03:03:33	Half	F	Trenton	00:08:45
258	1667	Ginette	Levasseur	03:05:27	03:04:24	Half	F	Gatineau	00:08:50
259	1620	Karen	Holland	03:09:21	03:09:18	Half	F	Trenton	00:09:01
260	1794	John	Tomasino	03:10:20	03:09:46	Half	M	Toronto	00:09:04
261	1786	ALASTAIR	TAYOLR	03:10:23	03:09:50	Half	M	PICKERING	00:09:04
262	1783	CRAIG	SWEETNAM	03:14:18	03:14:16	Half	M	CARP	00:09:15