

2019 Green Run Iroquois 5K Results 4/13/19 2:09:35 PM

Position	Bib #	Name	Race Time	Pace	Division	Gender	Age
1	1318	Alain Fortier	00:18:20.43	3:40	5k	M	26
2	1310	Will Campeau	00:19:19.83	3:52	5k	M	16
3	1328	Paul Heintzman	00:22:41.51	4:32	5k	M	61
4	1312	Dylan Charbot	00:23:59.84	4:48	5k	M	14
5	1336	Noah Menard	00:24:22.88	4:52	5k	M	10
6	1335	Stephane Menard	00:24:23.83	4:53	5k	M	48
7	1334	Jennifer Menard	00:24:24.18	4:53	5k	F	37
8	1339	Peter Moody	00:25:07.86	5:01	5k	M	40
9	1329	mason laforest	00:25:49.20	5:10	5k	M	17
10	1303	Wyatt Beckstead	00:26:21.30	5:16	5k	M	16
11	1351	April Richer	00:26:34.73	5:19	5k	F	30
12	1355	Jessica Thompson	00:26:38.73	5:20	5k	F	24
13	1306	Claude Bourque	00:26:46.30	5:21	5k	M	53
14	1302	Allison Banford	00:27:03.98	5:25	5k	F	43
15	1313	Alyssa Charbot	00:27:37.88	5:31	5k	F	10
16	1337	Troy Menard	00:27:44.37	5:33	5k	M	9
17	1314	Brody Charbot	00:27:57.03	5:35	5k	M	8
18	1316	Jeffery Crawford	00:28:01.85	5:36	5k	M	61
19	1359	Max van der Linde	00:28:09.21	5:38	5k	M	16
20	1325	Mason Good	00:28:19.04	5:40	5k	M	9
21	1327	Sherry-Lynn Harbers	00:29:22.39	5:52	5k	F	25
22	1305	Kristen Blair	00:29:23.98	5:53	5k	F	28
23	1364	Kendra Ward	00:29:25.24	5:53	5k	F	26
24	1309	Megan Brownell	00:29:26.92	5:53	5k	F	29
25	1366	Robert Wright	00:29:52.14	5:58	5k	M	30
26	1350	Marianne Poirier	00:30:11.28	6:02	5k	F	27
27	1333	Sueanne McMillan	00:30:39.37	6:08	5k	F	29
28	1323	Caden Gillon	00:31:31.17	6:18	5k	M	10
29	1352	Amy Shaver	00:31:33.22	6:19	5k	F	32
30	1338	Sia Mohajer	00:31:43.51	6:21	5k	M	36
31	1343	jennifer Munroe	00:31:43.88	6:21	5k	F	34
32	1376	Hannah Stone	00:32:39.68	6:32	5k	F	8
33	1311	Kinga Charbot	00:33:01.16	6:36	5k	F	39
34	1332	Sarah McMillan	00:33:20.33	6:40	5k	F	29
35	1322	Autumn Gillon	00:33:23.47	6:41	5k	M	11
36	1326	Frank Good	00:33:30.63	6:42	5k	M	44
37	1361	Debby van Zijl	00:33:30.75	6:42	5k	F	43
38	1384	John Sheehan	00:34:34.10	6:55	5k	M	78
39	1301	Sarah Ashton	00:34:39.14	6:56	5k	F	45
40	1353	Ashley Stewart	00:34:56.74	6:59	5k	F	26
41	1331	Nancy Lambert Swank	00:37:05.60	7:25	5k	F	58
42	1341	Anthony Morgan	00:37:12.99	7:26	5k	M	28
43	1346	Dawn Nagel	00:40:34.66	8:07	5k	F	40
44	1340	Courtney Morgan	00:42:07.92	8:25	5k	F	28
45	1317	Amber-lee De Vries-Baker	00:42:10.10	8:26	5k	F	34
46	1354	Sarah Stone	00:42:34.44	8:31	5k	F	37
47	1342	Dana Morrell	00:42:34.74	8:31	5k	F	37

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Position	Bib #	Name	Race Time	Pace	Division	Gender	Age
48	1382	Matt Morrell	00:42:35.40	8:31	5k	M	37
49	1324	Levi Gillon	00:42:39.46	8:32	5k	M	9
50	1321	Adam Gillon	00:43:04.82	8:37	5k	M	33
51	1356	Karen Thompson	00:43:21.24	8:40	5k	F	53
52	1357	Jamie Thompson	00:43:21.58	8:40	5k	M	55
53	1304	Debbie Benard	00:46:56.27	9:23	5k	F	54
54	1307	Krista Boyce	00:55:11.50	11:02	5k	F	45
55	1363	Krista Wagemans	00:55:14.91	11:03	5k	F	43

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