

2019 Wolfe Island Classic 10K Age Group Results 7/08/19 8:53:56 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
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10K F 13 - 15 - based on Gun Elapsed time

1	2217	Rocio Arroyo-Lopez	01:08:11.26	6:49		10K	F	13	BATH	KRRA2019
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10K F 20 - 29 - based on Gun Elapsed time

1	2147	Mairead Corrigan	00:45:37.58	4:34		10K	F	21	Kingston	
2	2186	Johanna Whitehead	00:48:12.12	4:49		10K	F	22	Kingston	
3	2174	Meriah Moodie	00:48:16.21	4:50		10K	F	26	Wolfe Island	
4	2222	Kate Fenwick	00:49:19.03	4:56		10K	F	24	Kingston	
5	2162	Jamie Gray	00:49:34.60	4:57		10K	F	22	Newmarket	
6	2175	Emma Morris	00:51:24.92	5:08		10K	F	25	Kingston	
7	2144	Angela Choudhury	00:52:42.45	5:16		10K	F	21	Kingston	
8	2143	Natalie Carson	00:53:46.21	5:23		10K	F	22	Kingston	
9	2145	Jessica Connolly	00:54:24.48	5:26		10K	F	28	Kingston	
10	2180	Maeghan Pardy	00:58:12.54	5:49		10K	F	28	Kingston	
11	2183	Seraphina Skands	01:01:37.44	6:10		10K	F	25	Kingston	
12	2232	meg dixon	01:02:54.11	6:17		10K	F	24		
13	2184	Kelsie Tobin	01:02:54.29	6:17		10K	F	25	Toronto	
14	2211	Stephanie Morrison	01:06:35.05	6:39		10K	F	25	Kingston	
15	2164	Erin Hamilton	01:18:34.50	7:51		10K	F	26	Kingston	

10K F 30 - 39 - based on Gun Elapsed time

1	2218	Erin Carr	00:48:13.61	4:49		10K	F	37	Colorado Springs	
2	2233	Lindsay Grier	00:49:29.22	4:57		10K	F	38	Honolulu	
3	2168	Christine Kennedy	00:53:54.28	5:23		10K	F	33	Elginburg	
4	2170	Meng Li	00:57:44.72	5:46		10K	F	31	Kingston	
5	2182	Lindsay Shaddock	00:59:36.19	5:58		10K	F	34	Kingston	
6	2181	Justina Poisson	01:00:27.85	6:03		10K	F	35	Joyceville	

10K F 40 - 49 - based on Gun Elapsed time

1	2214	Jennifer Pellow	00:48:19.26	4:50		10K	F	44	Amherstview	
2	2166	Heidi Hitchins	00:59:23.06	5:56		10K	F	41	Roslin	
3	2137	Melissa Allan	01:01:02.18	6:06		10K	F	40	Kingston	
4	2173	Dawn Miller	01:01:30.22	6:09		10K	F	47	Belleville	
5	2160	Christy Girard	01:01:34.77	6:09		10K	F	42	Reinholds	
6	2152	Jessica Della-Latta	01:06:46.78	6:41		10K	F	43	Kingston	
7	2140	Karen Burkett	01:06:46.90	6:41		10K	F	46	Kingston	
8	2205	Valerie Cellier	01:10:01.62	7:00		10K	F	44	Montreal	
9	2178	Nina Norgaard	01:22:55.63	8:17		10K	F	45	Sydenham	
10	2172	Julie Anne Matias	01:22:55.69	8:17		10K	F	47	Inverary	

10K F 50 - 59 - based on Gun Elapsed time

1	2201	Nanae Arai	00:50:45.46	5:05		10K	F	50	Kingston	
2	2220	Pascale Rancourt	00:58:01.09	5:48		10K	F	55	Montreal	
3	2179	Jill Norman	01:01:25.97	6:08		10K	F	50	Kingston	
4	2187	Tina Wilson	01:03:12.22	6:19		10K	F	57	Kingston	KRRA2019
5	2177	Liza Nelson	01:08:08.35	6:49		10K	F	51	Kingston	

10K M 13 - 15 - based on Gun Elapsed time

1	2216	Ignacio Arroyo-Lopez	01:05:53.34	6:35		10K	M	15	BATH	KRRA2019
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10K M 16 - 19 - based on Gun Elapsed time

1	2159	Greg Garey	00:38:25.25	3:51		10K	M	19	Kingston	
2	2142	Sam Cantor	00:51:49.47	5:11		10K	M	19	Kingston	

10K M 20 - 29 - based on Gun Elapsed time

2019 Wolfe Island Classic 10K Age Group Results 7/08/19 8:54:02 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
1	2151	Nathan Dehghan	00:32:55.66	3:17		10K	M	23	Ancaster	
2	2158	Christian Futschik	00:39:31.18	3:57		10K	M	25	Kingston	
3	2224	Cole Vezina	00:41:14.61	4:07		10K	M	23	Kingston	
4	2208	Simon Rioux	00:41:28.92	4:09		10K	M	29	Montreal	
5	2167	Arsalan Ijaz	00:43:21.96	4:20		10K	M	23	Kingston	
6	2154	Malcolm Eade	00:48:27.00	4:51		10K	M	24	Kingston	
7	2139	Christian Baldwin	00:48:29.67	4:51		10K	M	23	Toronto	
8	2229	Jayd Mark	00:48:55.31	4:54		10K	M	23	Kingston	
9	2202	Gavin Crowder	00:49:07.63	4:55		10K	M	23	Kingston	
10	2169	Steven Lee	00:49:34.37	4:57		10K	M	24	Sault Ste Marie	
11	2153	Aaron Delph	00:53:12.00	5:19		10K	M	25	Kingston	
12	2221	Thomas Faour	00:54:42.75	5:28		10K	M	24	Kingston	
13	2204	Will salmon	00:57:54.16	5:47		10K	M	22	Kingston	
10K M 30 - 39 - based on Gun Elapsed time										
1	2163	Chris Hague	00:37:28.05	3:45		10K	M	30	Kingston	
2	2227	Tom Roberts	00:41:23.98	4:08		10K	M	38	Ottawa	
3	2210	Joshua Cleaver	00:58:40.79	5:52		10K	M	32	Kingston	
4	2213	Scott Morrison	01:09:09.96	6:55		10K	M	37	Kingston	
5	2136	Phillip Ada	01:10:59.96	7:06		10K	M	34	Stamford	
10K M 40 - 49 - based on Gun Elapsed time										
1	2156	Yves Filion	00:37:27.54	3:45		10K	M	45	Kingston	
2	2226	Allan Roberts	00:40:40.37	4:04		10K	M	42	Kingston	
3	2225	Bryan Lambert	00:42:02.81	4:12		10K	M	48	Kingston	KRRA2019
4	2176	David Murakami Wood	00:46:37.56	4:40		10K	M	47	Wolfe Island	
5	2223	James Fraser	00:53:26.90	5:21		10K	M	49	Kingston	
6	2171	Chris Manoll	00:54:20.29	5:26		10K	M	43	Kingston	KRRA2019
7	2209	Nikolay Sapov	00:54:55.37	5:29		10K	M	41	Montreal	
8	2206	George Kormas	00:59:39.84	5:58		10K	M	49	Montreal	
9	2215	Ignacio Arroyo	01:08:11.41	6:49		10K	M	45	BATH	KRRA2019
10K M 50 - 59 - based on Gun Elapsed time										
1	2230	John Curlio	00:45:38.01	4:34		10K	M	54	London	
2	2141	Warren Cantor	00:47:38.97	4:46		10K	M	53	Aurora	
3	2203	Stephen Hughes	00:51:48.86	5:11		10K	M	52	Kingston	
4	2207	Rod McDonald	00:55:49.03	5:35		10K	M	53	Montreal	
5	2231	Rob Rashotte	00:57:09.25	5:43		10K	M	54	Stittsville	
6	2165	Andrew Hamilton	01:10:00.30	7:00		10K	M	59	Kingston	
7	2138	Joe Allen	01:11:16.50	7:08		10K	M	58	Kingston	KRRA2019
10K M 60 - 69 - based on Gun Elapsed time										
1	2185	John Tranter	00:47:27.86	4:45		10K	M	67	Lindsay	
2	2228	Brian Lalonde	00:53:08.99	5:19		10K	M	62	Calgary	
3	2235	Denis McCallum	00:53:24.68	5:20		10K	M	60	Oshawa	
4	2219	graham carr	00:55:15.24	5:32		10K	M	64	MONTREAL	
5	2234	Bob Bolton	00:57:58.20	5:48		10K	M	65	Whitby	
6	2212	Alexander Morrison	01:01:33.31	6:09		10K	M	61	Kingston	
10K M 70 PLUS - based on Gun Elapsed time										
1	2150	John Dalgleish	01:09:18.35	6:56		10K	M	72	Wolfe Island	

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2019 Wolfe Island Classic 10K Age Group Results 7/08/19 8:54:15 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
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