

2019 Wolfe Island Classic 5K Age Group Results 7/08/19 8:56:58 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
5K F 1 - 12 - based on Gun Elapsed time										
1	1320	Sophie Saunders Lambert	00:22:29.38	4:30		5K	F	12	Howe Island	
2	1284	Amelia Johnson	00:28:15.38	5:39		5K	F	8	KINGSTON	KRRA2019
3	1455	Madison McCauley	00:28:29.73	5:42		5k	F	10		
4	1449	Blaise Pharoah	00:30:24.84	6:05		5k	F	7		
5	1381	Maria Arroyo-Lopez	00:34:57.68	6:59		5K	F	8	BATH	KRRA2019
6	1387	Elyse Gooch-Carr	00:39:08.97	7:50		5K	F	8	ColoradoSprings	
7	1469	Audrey Grier	00:40:20.72	8:04		5k	F	11		
5K F 13 - 15 - based on Gun Elapsed time										
1	1389	Harper Aiken	00:28:07.13	5:37		5K	F	14	Harrowsmith	KRRA2019
2	1471	Martha Burkom	00:34:10.54	6:50		5k	F	14		
5K F 16 - 19 - based on Gun Elapsed time										
1	1445	Meghan Dundon	00:23:10.23	4:38		5k	F	18		
2	1404	Jorin Lyall	00:23:59.54	4:48		5K	f	17		
3	1384	Juno Aiken	00:24:48.68	4:58		5K	F	16	Harrowsmith	KRRA2019
4	1334	Caroline Whitehead	00:28:17.08	5:39		5K	F	18	Kingston	
5K F 20 - 29 - based on Gun Elapsed time										
1	1444	Heidi Ohrling	00:18:57.15	3:47		5k	F	21		
2	1396	Heidi Miller	00:20:52.32	4:10		5K	F	23	Kingston	
3	1259	Alexandra Coffin	00:21:38.25	4:20		5K	F	24	Kingston	
4	1459	Megan Kiley	00:21:38.47	4:20		5k	F	26		
5	1474	Kristina Walker	00:21:56.30	4:23		5k	F	23		
6	1313	Mary Reynolds	00:24:13.48	4:51		5K	F	27	Kingston	KRRA2019
7	1300	Maddie McFadden	00:25:04.62	5:01		5K	F	24	Kingston	
8	1452	Anne Kennedy	00:26:03.40	5:13		5k	F	21		
9	1421	Christina Cantlay	00:27:26.16	5:29		5K	F	29	Kingston	KRRA2019
10	1408	Kathleen Abeles	00:29:44.47	5:57		5K	F	27	Howe Island	KRRA2019
11	1418	Catherine Lukits	00:29:48.48	5:58		5K	F	29	Kingston	
12	1393	Anna Quigley	00:30:34.98	6:07		5K	F	28	Kingston	
13	1302	Mara Medeiros	00:32:56.11	6:35		5K	F	21	JOYCEVILLE	
14	1301	Sarah McIntosh	00:33:20.38	6:40		5K	F	28	Kingston	
15	1397	Maria Bowes	00:34:00.32	6:48		5K	F	23	Englehart	
16	1280	Anya Jacksteit	00:35:42.33	7:08		5K	F	20	Kingston	
17	1332	Katherine Thornton	00:35:57.46	7:11		5K	F	26	Toronto	
18	1370	Juanjuan Ren	00:37:01.55	7:24		5K	F	28	Kingston	
19	1368	Chelsea Carlson	00:39:01.15	7:48		5K	F	26	Kingston	
20	1399	Maegan West	00:46:16.92	9:15		5K	F	26	Lakefield	
21	1333	Lauren Voorpostel	00:51:17.59	10:15		5K	F	25	Etobicoke	
22	1254	Samantha Boyko	00:52:36.48	10:31		5K	F	24	Toronto	
5K F 30 - 39 - based on Gun Elapsed time										
1	1427	Meredith Langley	00:19:02.66	3:48		5K	F	32	Kingston	
2	1263	Jacquie DeWolfe	00:21:27.77	4:17		5K	F	37	Kingston	KRRA2019
3	1310	Stephanie Place	00:23:19.69	4:40		5K	F	32	Kingston	KRRA2019
4	1274	Kaycee Hargadon	00:26:49.31	5:22		5K	F	30	KINGSTON	KRRA2019
5	1260	Jaime Connolly	00:26:59.22	5:24		5K	F	32	Kingston	
6	1299	Alexandra McDougall	00:28:55.35	5:47		5K	F	30	Iroquois	
7	1377	Rita Zhai	00:29:18.60	5:52		5K	F	30	Montreal	
8	1435	Jessica Morrison	00:29:59.00	5:59		5K	F	30	Kingston	
9	1312	Stephanie Quann	00:30:16.60	6:03		5K	F	38	Kingston	
10	1251	Deniz Aydin	00:30:24.81	6:05		5K	F	30	Kingston	
11	1403	Vanessa Holmes	00:30:49.71	6:10		5K	F	36	Kingston	
12	1366	Tina Armstrong	00:31:40.25	6:20		5K	F	33	Amherstview	

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Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
13	1283	Lisa JJohnson	00:32:27.66	6:29		5K	f	39		
14	1386	Shannon Carr	00:32:28.72	6:30		5K	F	34	Ottawa	
15	1454	Sherry McCauley	00:32:29.70	6:30		5k	F	38		
16	1451	Claire Jeans	00:33:47.60	6:45		5k	F	30		
17	1378	Hannah Bradley	00:37:54.92	7:35		5K	F	39	Kingston	

5K F 40 - 49 - based on Gun Elapsed time

1	1315	Annie Riel	00:22:21.59	4:28		5K	F	45	Kingston	KRRA2019
2	1319	Lana Saunders	00:22:54.33	4:35		5K	F	44	Howe Island	
3	1432	Jana Mareckova	00:26:19.54	5:16		5K	F	40	Kingston	KRRA2019
4	1457	Alana Hamelin	00:26:35.98	5:19		5k	F	41		
5	1279	Debbie Hutchinson	00:28:46.03	5:45		5K	F	48	Kingston	
6	1420	Louise Guerin	00:29:02.37	5:48		5K	F	45	Kingston	KRRA2019
7	1330	Martine Thivierge-Bournival	00:29:46.35	5:57		5K	F	40	Kingston	KRRA2019
8	1286	Tricia Kiers	00:30:18.62	6:04		5K	F	48	Kingston	
9	1450	Stephanie Pharoah	00:30:24.96	6:05		5k	F	46		
10	1323	Corry-Lin Stephenson	00:31:47.05	6:21		5K	F	45	Bath	
11	1336	Karen Wise	00:33:42.78	6:44		5K	F	42	Napanee	
12	1382	Sonia Lopez	00:34:57.85	6:59		5K	F	47	BATH	KRRA2019
13	1379	Rhonda Dunn	00:39:45.62	7:57		5K	F	47	Kingston	

5K F 50 - 59 - based on Gun Elapsed time

1	1305	Karen Millson	00:23:41.96	4:44		5K	F	57	Kingston	KRRA2019
2	1425	Janet Shepherd	00:25:10.01	5:02		5K	F	56	Kingston	KRRA2019
3	1441	Stacy Berdan	00:27:34.45	5:31		5k	F	52		
4	1446	Sharon Riddell	00:27:55.36	5:35		5k	F	53		
5	1252	Nancy Ball	00:28:51.19	5:46		5K	F	59	Kingston	KRRA2019
6	1402	Margaret Webb	00:30:16.00	6:03		5K	F	57	Wolfe Island	
7	1473	Karen Saltmarsh	00:31:46.39	6:21		5k	F	50		
8	1405	Guyline Bouffard	00:33:20.00	6:40		5K	F	57	Howe Island	KRRA2019
9	1281	Tina Johansson	00:35:55.28	7:11		5K	F	50	Ottawa	
10	1257	Linda Brown	00:38:19.25	7:40		5K	F	57	Enterprise	
11	1438	Patricia Carney	00:52:08.94	10:26		5k	F	59	Wolfe Island	
12	1400	Wendy West	00:52:10.93	10:26		5K	F	56	Lakefield	

5K F 60 - 69 - based on Gun Elapsed time

1	1276	Deborah Holton	00:24:03.00	4:49		5K	F	68	Howe Island	
2	1303	Shirley Myers	00:26:24.20	5:17		5K	f	66		
3	1407	Cindy Abeles	00:29:44.40	5:57		5K	F	61	Howe Island	KRRA2019
4	1426	Susan Myers	00:30:00.30	6:00		5K	f	66		
5	1267	Margie File	00:31:32.19	6:18		5K	F	66	Kingston	
6	1272	Barb Guiden	00:35:44.36	7:09		5K	F	61	INVERARY	KRRA2019
7	1326	Liz Strutt	00:35:49.69	7:10		5K	F	63	Kingston	KRRA2019
8	1269	Jackie Flynn	00:52:10.90	10:26		5K	F	64	Caledon Village	
9	1335	Karen Wilson	00:55:24.59	11:05		5K	F	60	Kingston	
10	1253	Louise Becker	00:55:27.04	11:05		5K	F	66	Amherstview	

5K F 70 PLUS - based on Gun Elapsed time

1	1292	Elizabeth Longfield	00:30:40.89	6:08		5K	F	71	Wasaga Beach	
2	1461	Gillian Kelly	00:39:18.93	7:52		5k	F	71		

5K M 1 - 12 - based on Gun Elapsed time

1	1380	Pablo Arroyo-Lopez	00:25:52.48	5:10		5K	M	10	BATH	KRRA2019
2	1296	Rylan Martell	00:25:53.96	5:11		5K	M	11	Amherstview	
3	1385	Ronin Aiken	00:26:19.16	5:16		5K	M	12	Harrowsmith	KRRA2019
4	1443	Sam Fecica	00:28:29.69	5:42		5k	M	7		
5	1390	Copland Aiken	00:30:24.21	6:05		5K	M	9	Harrowsmith	KRRA2019
6	1367	Theodore Armstrong	00:31:40.64	6:20		5K	M	1	Amherstview	

2019 Wolfe Island Classic 5K Age Group Results 7/08/19 8:57:10 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
7	1337	Quinlan Purvis	00:33:39.87	6:44		5K	M	10		
8	1338	Beckett Purvis	00:34:10.16	6:50		5K	M	7		
9	1472	Billy Burkom	00:42:42.43	8:32		5k	M	11		

5K M 13 - 15 - based on Gun Elapsed time

1	1460	Denzil Dixon	00:19:20.78	3:52		5k	M	15		
2	1289	Brady Kyle	00:22:50.03	4:34		5K	M	13	wolfe island	
3	1308	Jack Nelson	00:22:50.39	4:34		5K	M	14	Kingston	

5K M 16 - 19 - based on Gun Elapsed time

1	1453	Jacob Clancy	00:20:23.21	4:05		5k	M	19		
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5K M 20 - 29 - based on Gun Elapsed time

1	1256	Joe Brazda	00:19:39.76	3:56		5K	M	26	Napanee	
2	1262	Scott Day	00:19:44.73	3:57		5K	M	23	Kingston	KRRA2019
3	1395	Troy Allen	00:20:47.02	4:09		5K	M	26	Kingston	
4	1371	Chris Gustin	00:22:27.88	4:29		5K	M	24	Kingston	
5	1391	Robert Brown	00:22:48.28	4:34		5K	M	23	Kingston	
6	1394	Jude Thusiar	00:26:02.52	5:12		5K	M	24	Kingston	
7	1271	Ryan Frizzell	00:26:03.85	5:13		5K	M	24	West Lorne	
8	1374	francis lafontaine	00:28:37.04	5:43		5K	M	28	Montreal	
9	1369	Erik Sauer	00:28:54.26	5:47		5K	M	22	Kingston	
10	1365	Sean Armstrong	00:31:40.29	6:20		5K	M	29	Amherstview	
11	1298	Chandler McDougall	00:33:21.45	6:40		5K	M	25	Kingston	
12	1372	Waleed El-Sayed	00:33:22.04	6:40		5K	M	22	Kingston	
13	1297	Brennan Massey	00:33:47.80	6:45		5K	M	27	kingston	
14	1398	Matt Gibson	00:33:57.02	6:47		5K	M	24	Lakehurst	
15	1318	Jas Sahota	00:37:35.51	7:31		5K	M	25	Toronto	

5K M 30 - 39 - based on Gun Elapsed time

1	1439	Clay Patterson	00:17:10.67	3:26		5k	M	30	Kingston	
2	1285	Owain Jones	00:18:33.07	3:43		5K	M	35	Kingston	KRRA2019
3	1458	Jeremy Pike	00:19:28.61	3:54		5k	M	37		
4	1434	Aaron Siller	00:20:35.06	4:07		5K	M	34	Kingston	KRRA2019
5	1433	Luc Martin	00:20:58.93	4:12		5K	M	34	Kingston	
6	1430	Mark Kerr	00:20:59.90	4:12		5K	M	38	Kingston	KRRA2019
7	1309	Luis Paico-Aviles	00:22:52.92	4:34		5K	M	36	Kanata	KRRA2019
8	1306	Alex Murata	00:23:01.05	4:36		5K	M	30	Kingston	
9	1324	Joe Stilwell	00:24:17.35	4:51		5K	M	37	Kingston	
10	1413	Anthony Colangeli	00:26:10.13	5:14		5K	M	31	Kingston	
11	1442	Matt Fecica	00:27:44.60	5:33		5k	M	39		
12	1258	Benny Chau	00:28:19.69	5:40		5K	M	32	Ottawa	
13	1290	Cody Lawlor	00:28:55.42	5:47		5K	M	32	IROQUOIS	
14	1304	Gregory Millican	00:32:48.30	6:34		5K	M	35	Kingston	KRRA2019
15	1325	Chris Strutt	00:35:50.18	7:10		5K	M	38	Kingston	KRRA2019
16	1373	newton hong	00:40:06.28	8:01		5K	M	37	Montreal	

5K M 40 - 49 - based on Gun Elapsed time

1	1417	Tim Gillespie	00:18:19.71	3:40		5K	M	41	Kingston	KRRA2019
2	1275	Graham Hawkes	00:18:41.86	3:44		5K	M	43	Kingston	KRRA2019
3	1383	Jude Aiken	00:18:45.40	3:45		5K	M	44	Harrowsmith	KRRA2019
4	1291	Gregory Lemoine	00:20:09.97	4:02		5K	M	42	Kingston	KRRA2019
5	1463	Emile Ndorimana	00:20:48.06	4:10		5k	M	45		
6	1277	Brian Hope	00:21:01.43	4:12		5K	M	41	Kingston	KRRA2019
7	1467	Paul DiRinaldo	00:24:01.29	4:48		5k	M	42		
8	1419	Gerald Lapratte	00:25:25.09	5:05		5K	M	46	Kingston	KRRA2019
9	1288	Adam Kyle	00:26:32.23	5:18		5K	M	44	wolfe island	
10	1468	Andrew Grier	00:26:34.82	5:19		5k	M	44		

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Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
11	1376	olivier leon	00:27:54.80	5:35		5K	M	40	Montreal	
12	1462	Adam Jeziorski	00:28:08.47	5:38		5k	M	41		
13	1465	James Kirkram	00:31:14.67	6:15		5k	M	49		
14	1448	Scott Slack	00:33:42.76	6:44		5k	M	49		
15	1470	Jack Burkom	00:34:13.91	6:51		5k	M	46		
16	1415	Kevin Latham	00:36:38.83	7:20		5K	M	47	Kingston	
17	1293	Billy MacAdoo	00:37:55.86	7:35		5K	M	49	Perth Road	

5K M 50 - 59 - based on Gun Elapsed time

1	1423	Robby Breadner	00:19:17.67	3:51		5K	M	52		
2	1314	Wayne Rice	00:20:30.82	4:06		5K	M	57	Railton	
3	1447	Kevin Riddell	00:21:09.38	4:14		5k	M	57		
4	1273	Martin Guyon	00:21:28.77	4:18		5K	M	53	Kingston	KRRA2019
5	1456	Richard Ascough	00:22:37.81	4:31		5k	M	56		
6	1264	Bill Dobson	00:22:58.08	4:36		5K	M	55	Kingston	
7	1311	Richard Prinsen	00:23:35.13	4:43		5K	M	55	Kingston	KRRA2019
8	1475	Jim MacDougall	00:24:21.79	4:52		5k	M	55		
9	1406	Martin Cournoyer	00:29:52.68	5:58		5K	M	53	Howe Island	KRRA2019
10	1440	Andy Glazin	00:30:35.86	6:07		5k	M	51	Kingston	
11	1429	John O Shea	00:31:22.84	6:16		5K	M	59	Kingston	

5K M 60 - 69 - based on Gun Elapsed time

1	1422	Al Cantlay	00:23:38.21	4:44		5K	M	64	Kingston	KRRA2019
2	1431	Michael Riley	00:24:48.78	4:58		5K	M	64	Wolfe Island	KRRA2019
3	1268	Paul Flynn	00:28:07.56	5:37		5K	M	61	Caledon Village	
4	1261	John Day	00:28:29.89	5:42		5K	M	60	Kingston	
5	1436	Geoff Sheridan	00:29:17.23	5:51		5k	M	66	Waterloo	
6	1294	Doug Marlow	00:34:45.09	6:57		5K	M	60	Verona	
7	1437	Timothy Walser	00:52:08.93	10:26		5k	M	68	Wolfe Island	

5K M 70 PLUS - based on Gun Elapsed time

1	1255	Ed Brand	00:25:19.96	5:04		5K	M	71	Kingston	KRRA2019
2	1464	Brian MacDonald	00:26:53.83	5:23		5k	M	70		
3	1317	Geoffrey Roulet	00:27:34.34	5:31		5K	M	72	Kingston	KRRA2019
4	1327	Richard Sunderland	00:29:00.07	5:48		5K	M	74	Kingston	KRRA2019
5	1331	Paul Thompson	00:33:57.76	6:47		5K	M	70	Kingston	
6	1295	PJ Marshall	00:36:24.76	7:17		5K	M	77	Kingston	
7	1466	Jack Posthumous	00:52:15.16	10:27		5k	M	92		

2019 Wolfe Island Classic 5K Age Group Results 7/08/19 8:57:22 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender	Age	City	User Field 1
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