

2019 Run for Your Life 5K Results 03/11/2019 9:19:31 PM

Position	Bib #	Name	Race Time	Pace	none	Division	Gender
1	116	Gavin, Dustin	00:18:52.5	3:46		5k	M
2	113	Drew, Benjamin	00:21:12.8	4:14		5k	M
3	112	Drew, Stephen	00:21:14.8	4:15		5k	M
4	144	Pilon, Mark	00:21:29.0	4:18		5k	M
5	169	Knockleby, Wyatt	00:23:05.2	4:37		5k	M
6	155	Sparling, Wyatt	00:25:00.2	5:00		5k	M
7	33	Hakeem, Zade	00:25:54.7	5:11		5k	M
8	77	Sly, William	00:25:55.9	5:11		5k	M
9	136	Morton, Wylie	00:26:00.3	5:12		5k	M
10	156	Sparling, Liam	00:26:06.7	5:13		5k	M
11	130	MacLean, Laura	00:27:04.3	5:25		5k	F
12	143	Phillion, Sarah	00:27:59.5	5:36		5k	F
13	125	Hooper, Chris	00:28:04.3	5:37		5k	M
14	145	Redmond, Sean	00:28:14.4	5:39		5k	M
15	176	Benttz, Kevin	00:28:25.6	5:41		5k	m
16	118	Goody, Elizabeth	00:28:41.8	5:44		5k	F
17	171	Knockleby, Corbin	00:28:47.2	5:45		5k	M
18	154	Sparling, Krista	00:29:10.0	5:50		5k	F
19	164	Wang, Tony	00:29:23.1	5:53		5k	M
20	104	Brown, Darryl	00:30:15.0	6:03		5k	M
21	103	Brodersen, Scott	00:30:25.6	6:05		5k	M
22	128	Lairar, Shelly	00:30:29.3	6:06		5k	F
23	139	Murch-D'Amours, Denise	00:30:29.4	6:06		5k	F
24	167	Yach, Mason	00:30:34.5	6:07		5k	M
25	170	Hiller, Leanne	00:30:39.0	6:08		5k	F
26	168	Knockleby, Everett	00:31:11.3	6:14		5k	M
27	173	Sykes, Julie	00:31:21.3	6:16		5k	F
28	158	Sullivan, Ashlynn	00:32:07.5	6:25		5k	F
29	165	Van Wyk, Lindsay	00:32:07.5	6:25		5k	F
30	87	Sullivan, Bria	00:32:08.6	6:26		5k	F
31	159	Sullivan, Bonnie	00:32:08.8	6:26		5k	F
32	140	Myers, Meg	00:32:33.0	6:31		5k	F
33	157	STADNYK, RON	00:32:35.2	6:31		5k	M
34	115	Gallant, Liane	00:32:41.8	6:32		5k	F
35	163	Sparling, Carrie	00:33:23.1	6:41		5k	F
36	124	Hobbs, Linda	00:33:28.1	6:42		5k	F
37	132	Mason, Baet	00:33:29.3	6:42		5k	M
38	131	Mason, Shannon	00:33:29.3	6:42		5k	F
39	133	Mason, Jake	00:33:29.7	6:42		5k	M
40	106	Cavanagh, Amanda	00:33:34.4	6:43		5k	F
41	123	Hill, Andrea	00:33:34.4	6:43		5k	F
42	150	Rumleskie, Scarlett	00:33:55.2	6:47		5k	F
43	160	Wall, Lisa	00:33:58.2	6:48		5k	F
44	137	Mosley, Terri Lee	00:35:49.7	7:10		5k	F
45	178	Basten, Fraser	00:36:21.3	7:16		5k	M
46	134	McCuaig, Karen	00:36:43.4	7:21		5k	F
47	105	Butterly, Zak	00:37:27.5	7:29		5k	M

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48	129	MacDowall, Gail	00:37:53.9	7:35		5k	F
49	102	Briggs, Diana	00:39:01.6	7:48		5k	F
50	142	Perrier, Marissa	00:39:08.9	7:50		5k	F
51	135	McGregor, Pat	00:40:29.5	8:06		5k	F
52	179	Liersch, Karen	00:40:41.5	8:08		5k	F
53	172	Asselin, Jaqueline	00:40:48.9	8:10		5k	F
54	101	Bray, Julie	00:40:51.7	8:10		5k	F
55	119	Gosling, Zoe	00:40:51.8	8:10		5k	F
56	177	Ledgerwood, Kevin	00:41:10.7	8:14		5k	m
57	149	Rosekat, Jodi	00:41:19.9	8:16		5k	F
58	151	Schlievert, Shelley	00:41:22.5	8:16		5k	F
59	121	Harrison, Mary Anne	00:42:57.9	8:35		5k	F
60	153	Simon, Paula	00:43:13.4	8:39		5k	F
61	175	Sullivan-Bentz, Maureen	00:43:29.3	8:42		5k	f
62	162	Jackle Spriggs, Sky	00:45:44.0	9:09		5k	F
63	126	Jackle, Agnes	00:45:51.8	9:10		5k	F
64	138	Munsterman, Marni	00:47:41.8	9:32		5k	F
65	127	Lacasse, Sarah	00:53:29.6	10:42		5k	F
66	147	Renaud, Patricia	00:53:29.8	10:42		5k	F
67	120	Gray, Melissa	00:53:29.9	10:42		5k	F
68	122	Hilker, Brad	00:53:30.0	10:42		5k	M
69	109	Cruickshank, Anne	00:53:30.2	10:42		5k	F
70	107	Chown, Ralph	00:55:06.2	11:01		5k	M
71	174	Hinchley, Robert	00:55:06.3	11:01		5k	M
72	180	Clark, Deborah	00:57:36.8	11:31		5k	F
73	108	Chown, Marcelle	00:57:36.9	11:31		5k	F
74	161	Tammadge, Christine	01:00:57.4	12:11		5k	F
75	146	Redmond, Barbara	01:01:41.3	12:20		5k	f
76	148	Robitaille, Guy	01:15:04.5	15:01		5k	M

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