

2021 Fort Henry XC 5K Results 25/09/2021 9:12:00 PM

Position	Bib #	Name	Race Time	Pace	Division	Gender
1	27	Unger, Erik	00:16:28.8	3:18	5k	M
2	5	Benda, Max	00:16:59.9	3:24	5k	M
3	29	Stringel, Tavo	00:17:19.5	3:28	5k	M
4	47	Li, Shengan	00:17:22.4	3:28	5k	M
5	34	House, Andrew	00:17:30.3	3:30	5k	M
6	7	Levac, Parker	00:17:33.7	3:31	5k	M
7	26	Lupenette, Andrew	00:17:34.4	3:31	5k	M
8	42	Beatty, Kevin	00:17:43.3	3:33	5k	M
9	48	Riek, Paul	00:18:10.4	3:38	5k	M
10	14	Shelton, Ian	00:18:13.9	3:39	5k	M
11	53	Frantzeskos, Savvas	00:18:26.6	3:41	5k	M
12	10	Gillespie, Tim	00:19:02.2	3:48	5k	M
13	49	Baumann, Eric	00:19:04.0	3:49	5k	M
14	2	Turnbull, Corey	00:19:14.1	3:51	5k	M
15	51	Karpiuk, Nicholas	00:19:17.3	3:51	5k	M
16	3	Almas, Robert	00:19:18.3	3:52	5k	M
17	43	Hollinger, Isaac	00:19:40.3	3:56	5k	M
18	21	Adegbile, Johnson	00:19:57.5	3:59	5k	M
19	50	Kavle, Henry	00:20:37.1	4:07	5k	M
20	9	Kennedy, Michael	00:20:50.6	4:10	5k	M
21	1	Alexander, Allison	00:20:59.9	4:12	5k	F
22	8	Pike, Damien	00:21:14.6	4:15	5k	M
23	23	Cote, Dalton	00:21:19.3	4:16	5k	M
24	4	Dewolf, Jacquie	00:21:40.4	4:20	5k	F
25	33	Lee, Thomas	00:22:00.9	4:24	5k	M
26	6	Ritchot, Christian	00:22:03.9	4:25	5k	M
27	41	Stainforth, Michael	00:22:15.5	4:27	5k	M
28	18	Glazier, Lyndsay	00:22:35.0	4:31	5k	F
29	28	Stringel, Ruby	00:22:40.6	4:32	5k	F
30	13	Rice, Wayne	00:22:49.8	4:34	5k	M
31	12	Royce, Rick	00:23:03.5	4:37	5k	M
32	17	Dossett, Lyndsey	00:23:05.8	4:37	5k	F
33	37	Linton, Ian	00:23:13.2	4:39	5k	M
34	46	Smith, Cleopatra	00:23:23.3	4:41	5k	F
35	35	Ascough, Hannah	00:23:28.2	4:42	5k	F
36	54	Prinsen, Richard	00:23:48.2	4:46	5k	m
37	11	Archibald-Cross, Kate	00:23:53.5	4:47	5k	F
38	39	Green, Shane	00:25:22.3	5:04	5k	M
39	40	Alali, Mustafa	00:25:28.3	5:06	5k	M
40	30	Stringel, Gus	00:25:39.3	5:08	5k	M
41	44	Hersey, Ben	00:27:54.8	5:35	5k	M
42	15	Kennedy, Tara	00:28:40.0	5:44	5k	F

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43	24	Ghahreman, Parisa	00:28:54.3	5:47	5k	F
44	45	Done, John	00:29:24.6	5:53	5k	M
45	38	Blancher, Theo	00:29:53.6	5:59	5k	M
46	16	Dossett, Henry	00:29:53.7	5:59	5k	M
47	31	Giesbrecht, Sarah	00:30:57.3	6:11	5k	F
48	20	Ruzic, Sonja	00:31:01.6	6:12	5k	F

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